

WNA Healthy Nurse Mutual Interest Group Meeting

Date: Thursday, January 18, 2018

Time: 6:00pm

Location: Conference Call

To join the call dial 1-888-537-7715; passcode: 21672278#

Agenda

Time	Agenda Topic	Person leading discussion	Update/Discussion	Next Steps
6:00	Roll Call	Erika and Jacki	<ul style="list-style-type: none">● SueAnn TeStarke● Mary Anne D'Acquisto● Cori Bluma● Jill Lindwall● Jacki Karlin● Cheryl DeVault● Michele Lehr● Melissa Heitzman● Erika Janssen● Kim Stevenson● Jackie Eissen● Valerie Schuetz	
6:10	Current Leadership Update	Erika and Jacki	See Below*	
6:15	Role Clarification	Erika and Jacki	Co-Chairs: <ul style="list-style-type: none">● schedule and lead meetings with prepared agenda● report to WNA Board of Directors● Monitor work plan of subject matter leads● Create, update, and submit agendas and meeting minutes● Work with WNA leadership to keep website up-to-date Subject Matter Leads:	

			<ul style="list-style-type: none"> ● schedule and lead sub-group meetings ● Assist co-chairs in developing a strategic plan ● With sub-group, identify evidence-based information and resources on their subject matter. ● With sub-group, suggest updates to the website regarding their subject matter. ● With sub-group, monitor their portion of the strategic plan. ● Identify experts in their subject matter to advise on products, tools, and information for website. <p>Expert/Consultants</p> <ul style="list-style-type: none"> ● Share resources and information with subject matter leads. <p>Additional Members:</p> <ul style="list-style-type: none"> ● Participate in sub-group meetings organized by associated subject matter lead. ● Identify evidence-based information and resources on their subject matter. ● Suggest updates to the website regarding their subject matter. ● Assist subject matter leads in monitoring their portion of the strategic plan. 	
6:20	Additional Volunteers	Jacki and Erika	<p>When recruiting additional volunteers, encourage them to sign up via the WNA webpage.</p> <ol style="list-style-type: none"> 1. www.wisconsinnurses.org 2. Then find the Healthy Nurses for Wisconsin under the heading “groups”. <p>As a note, MIG members do NOT need to be WNA members.</p>	
6:30	Discussion: Which subject matter should be featured first on website?	Jacki and Erika WITH Cheryl	<p>This will be discussed with the newly identified MIG leadership team at their next meeting.</p>	

6:50	Plan moving forward	Jacki and Erika WITH co-chairs and subject matter leads	<p>Initial plan to survey Spring conference participants and based on the results design website content specific to WNA (prevent duplication. Please spread the word about the Healthy Nurses for Wisconsin Conference 2018: Small Changes BIG Results (https://wisconsinurses.org/?event=healthy-nurses-conference))</p> <p>Jacki and Erika will be staying at the hotel Friday night before the conference and invite all MIG members to an informal gathering. More details will come as the date gets closer.</p> <p>Cheryl: started putting together an agenda. next step will be leadership team meeting to create plan of action.</p> <p>Meeting minutes, agendas, and schedules will be posted on the WNA "group" page.</p>	
	Any help with conference planning		<p>Cheryl will send out call to rural hospitals regarding- Rob Pasbrig at Columbus Hospital (panel discussion).</p> <p>Melissa with Edgewood can reach out to Dean for any ideas or support.</p> <p>Val clinical performance excellence group - St. Mary's in Madison one unit created a mindfulness room. Will reach out to the nurse that developed it and manager that supported it.</p>	

Role	Lead	Expert/Consultant	Additional members
co-chair	Cheryl Devault cdevault@rwhc.com		
co-chair	Adrienne Paske Adrienne.Paske@uwmf.wisc.edu		
Nutrition	Melissa Heitzman heitzman.melissam@gmail.com	Pamela Crary?	<ul style="list-style-type: none"> • Michele Lehr
Physical Activity	Jill Lindwall jlindwall@wchq.org		<ul style="list-style-type: none"> • Valeri Schuetz
Sleep	Kim Stevenson kimberly.stevenson@aurora.org	Cynthia Phelan, NP (worked in the sleep clinic at Marshfield, working at Milwaukee VA)	<ul style="list-style-type: none"> • Cori Bluma • Jackie Eissen • SueAnne TeStrake
HTN	Pam Myhre consultant.wna.pamela@gmail.com		<ul style="list-style-type: none"> • Diane Lauver • Margaret Schmelzer • Gina Fellenz • Mary Ann D'Acquisto