

"K-HIP", Kenosha Health Improvement Project was launched in 2016 to improve the health of the community through policy, system, and environmental strategies.

The K-HIP coalition consists of healthcare providers, grocery stores, farmer markets, and local community members and organizations.

Our three primary focus areas include:

1. Encouraging healthy food choices at grocery stores through enhanced food promotions.
2. Increasing the number of farmer's markets that accept SNAP and WIC farmer market checks.
3. Encouraging providers to participate in the healthy prescription program, **Eat. Move. Thrive.**

By working together, we can build a Culture of Health. For more information, please call RKCAA at (262) 657-0840.

K-HIP is funded by the National WIC Association and U.S. Centers for Disease Control (CDC) and administered by the Racine/Kenosha Community Action Agency's (RKCAA) Women Infants and Children clinic.



This institution is an equal opportunity provider and employer.

Eat. Move. Thrive.
Kenosha County!



Resource Brochure



EAT

RKCAA- Kenosha WIC Office

2000 63rd St., Kenosha

262-657-0840

rkcaa.org

**Cooking/Nutrition Classes*

**Food Security Resources*

**WIC Services*

Shalom Center– Food Pantry

8024 Sheridan Rd., Kenosha

262-925-8755

Sharing Center Inc.– Food Pantry

25700 Wilmot Rd., Trevor

262-298-5535

Food Share

8600 Sheridan Rd., Kenosha

262-697-4500

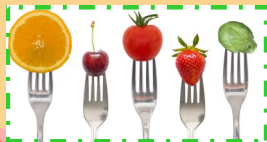
19600 75th St., Bristol

262-857-1870

FoodWise

fyi.uwex.edu/foodwise

**Cooking/Nutrition Classes*



MOVE

Kenosha YMCA

7101 53rd St., Kenosha

262-654-9622

kenoshaymca.org

Kenosha County Parks and Recreation

co.kenosha.wi.us/600/Parks

Boys & Girls Club of Kenosha

1330 52nd St., Kenosha

262-654-6200

bgckenosha.org

Mindful Yoga

3609 Roosevelt Rd., Kenosha

262-859-2151

yogainmind.com

Trained Monkey- Tai Chi/Qi Gong

5913 6th Ave. A, Kenosha

414-202-5393

Trainedmonkey.org

Morning Hydrotherapy

8518 22nd Ave., Kenosha

(Jane Vernon School)

262-654-6485



THRIVE

Prevention Services Network

8600 Sheridan Rd., Kenosha

262-697-4584

**Parenting Classes*

Kenosha Area Family & Aging Services

7730 Sheridan Rd., Kenosha

Suite 200

262-658-3508

**Parenting Classes*

Tobacco Quit Lines & Online Chat

1-877-270-7867

1-877-2NO-FUME

livehelp.cancer.gov/app/chat/
chat_launch

Kenosha Community Health Center

4536 22nd Ave., Kenosha

262-656-0044

**Counseling*

Yoga and meditation videos

youtube.com

Crisis Intervention

262-657-7188

Available 24/7

