

6th ANNUAL NORTHWOODS CLINICAL PRACTICE UPDATE

Stoney Creek Hotel and Conference Center ♦ Rothschild, Wisconsin ♦ September 27, 2019

CONFERENCE AGENDA and SESSION DESCRIPTIONS

LEARNING OUTCOMES: This intensive one-day conference for APRNs will review current and identify new evidence-based pharmacological and clinical approaches to management of common conditions in primary and acute care, with the goals of safe prescribing practice and optimal therapeutic outcomes.

7:30-8:15	Registration and Continental Breakfast	
8:15-8:25	Welcome and Program Overview	
Session 1 8:25-9:40 (1.0 Rx CH)	The Opioid Epidemic; Logistics, Legislation, and Real Life Gina Bryan, DNP, PMHCNS-BC, APNP - <i>Clinical Professor, UW-Madison School of Nursing; APNP, Rock County Human Services</i>	This presentation will update learners on prevalence of opioid abuse in WI, the impact of opioid abuse in WI and changing trends in the opioid epidemic on the state and national level. We will discuss evidence-based treatment recommendations and challenges in people having access to treatment on an individual and state level. I will provide a legislative update on the HOPE agenda for WI and national CARA legislation.
Session 2 9:50-11:05 (1.25 Rx CH)	Thought Disorders and the Non-Psychiatric Provider: Recognition, Response and Recovery Gina Bryan, DNP, PMHCNS-BC, APNP - <i>Clinical Professor, UW-Madison School of Nursing; APNP, Rock County Human Services</i>	By the end of this presentation the attendee will be able to name the DSM V criteria for different thought disorders. The attendee will learn assessment pearls to help discern between various symptomology. WE will discuss community based treatment options for symptoms of thought disorders. The attendee will be able to discuss the risk and benefits of the psychopharmacological best practices for treating symptoms of a thought disorder.
Session 3 11:15-12:30 (.50 Rx CH)	The Lab Result has an “L” Next to “eGFR” Now What? Brian Ewert, MD, MMM - <i>Nephrologist, Marshfield Clinic</i>	Approach to the patient with changes in kidney function. Goals are the following: <ul style="list-style-type: none"> • Be able to interpret kidney related lab tests in the overall context of specific patient characteristics • Initial work up of abnormal kidney function • Indications of urgent / emergent referral • Lifestyle interventions for chronic kidney disease • Management of patients with chronic kidney disease
12:30-1:00	LUNCH	
Session 4 1:00-2:15 (.75 Rx CH)	Abnormal Uterine Bleeding over the Lifespan: What, Why and How Ann Baggot, MS, WHNP-BC, APNP - <i>Nurse Practitioner, Department of OB/GYN - UW Health/UW Medical Foundation</i>	This session will examine a common women’s health issue: abnormal uterine bleeding. We will define what constitutes abnormal bleeding, with a focus on variations throughout the life span. Diagnostic evaluation with the goal of determining the underlying cause (why) will be reviewed. We will also review strategies to control bleeding and how to improve a woman’s quality of life.
Session 5 2:15-2:35	Wisconsin APRN Legislation Update Gina Dennik-Champion, RN, MS, MSHA – <i>Chief Executive Officer and Lobbyist, Wisconsin Nurses Association</i>	Nurse Lobbyist and CEO of WNA will inform on the legislative issues of the day, including progress on the APRN Modernization Act, and offer strategies for APRN involvement.
Session 6 2:45-4:00 (.50 Rx CH)	Concussion/Mild Traumatic Brain Injury James Messerly, D.O. - <i>Primary Care Orthopaedics and Sports Medicine, Bone and Joint Clinic</i>	Will discuss 2018 CDC guidelines for management of mild traumatic brain injuries in children 18 years or younger. When should the young patient return to school, physical activity, sports? Will cover using Concussion Clinical Trajectories (vestibular, post traumatic headache/migraine, cervical, cognitive/fatigue, oculomotor, and anxiety/mood) to inform targeted treatment pathways including use of medications.
4:00	Program Ends – participants must complete the Online Program Evaluation to earn CNE Certificate*	

* **6.75 total contact hours** of Continuing Nursing Education credit offered – including **4.0 contact hours of ‘pharmacology’ content**, some addressing safe prescribing of controlled substances. Estimates for pharmacology credit are based on information submitted by presenters; attendees must determine whether the content provided meets the specific requirements of their certifying or licensing body.

Wisconsin Nurses Association is approved with distinction as a provider of continuing nursing education by the Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center’s Commission on Accreditation.

