

Resources Related to Smoking and Youth

EBP article: Comparative study on Tobacco-21 laws

<https://onlinelibrary.wiley.com/doi/abs/10.1111/add.14653>

Center for Disease Control & Prevention

[Health Effects of Cigarette Smoking | CDC](#)

Cigarette smoking harms nearly every organ of the body, causes many diseases, and reduces the health of smokers in general.

Quitting smoking lowers your risk for smoking-related diseases and can add years to your life.

Vape talk from the American Lung Association:

<https://www.lung.org/stop-smoking/vape-talk/>

American Lung Association: call to not use E-cigarettes and the long term, irreversible effects

<https://www.lung.org/about-us/media/press-releases/do-not-use-e-cigarettes.html>

American Cancer Society: what is known about e-cigarettes, what is vaping, e-cigarettes and nicotine

<https://www.cancer.org/cancer/cancer-causes/tobacco-and-cancer/e-cigarettes.html>

American Cancer Society: warning youths about the risks of vaping

<https://www.cancer.org/latest-news/american-cancer-society-warns-about-risks-of-vaping-for-youth.html>

EBP article: online survey of electronic cigarette users

https://onlinelibrary.wiley.com/doi/full/10.1111/add.12150?casa_token=3aabUcscrKsAAAAA%3AsncqBpw-VbW0Swloy7xSiRcWg5LIYsM-Pg29iShX1h8S45LAWKzNqQau9eSC_nBqt7gUbRdX3qDT97U

Surgeon General

<https://e-cigarettes.surgeongeneral.gov/>