# Heart Health Action Plan

**Purpose**: To help you design a heart health plan that centers on equity and can guide you and your organization to meet your heart health goals.

**Instructions:** Answer each question by adding action steps, support needed, and a timeline for each action.   
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| **In reflecting on what I heard during the morning portion of the Symposium, what ideas do I have that could advance heart health in my organization around the heart health focus strategy?** | | | |
| Actions | What support do I need from my organization to further this action step? | What support do I need from the Wisconsin Heart Health Alliance to further this action step? *Examples: Advocacy technical assistance, data, etc.* | Timeline for Action |
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| **How can I build my capacity to create individual and structural change?** | | | |
| Actions | What support do I need from my organization to further this action step? *Examples: education, training, relationship building* | What support do I need from the Wisconsin Heart Health Alliance to further this action step? *Examples: Advocacy technical assistance, data, etc.* | Timeline for Action |
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| **What investments does my organization need to make to center racial equity and justice? What investments do I need to make?** | | | |
| Actions  *Example: create patient advisory council* | What support do I need from my organization to further this action step? | What support do I need from the Wisconsin Heart Health Alliance to further this action step? *Examples: Advocacy technical assistance, data, etc.* | Timeline for Action |
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| **In thinking about the work ahead, does my organization have the right folks at the table? If not, how can we invite them to the conversation?** | | | |
| Actions | What support do I need from my organization to further this action step? | What support do I need from the Wisconsin Heart Health Alliance to further this action step? *Examples: Advocacy technical assistance, data, etc.* | Timeline for Action |
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