

APRN SKILLS DAY

SAT, APR 17, 2021

INGLESIDE HOTEL
PEWAUKEE

IN-PERSON FORMAT



NURSE PRACTITIONER FORUM

CONFERENCE REGISTRATION FEES

	WNA Member	Non-Member
Full Day of Conference	\$215	\$290
Morning only	\$160	\$210
Afternoon only	\$125	\$175

Link to REGISTRATION FORM: <https://www.wisconsinnurses.org/skills-registration/>

WNA reserves the right to substitute faculty or cancel classes when necessary. Every effort will be made to notify registrants of such changes at least 2 weeks prior to start of conference.

SCHEDULE for the DAY

Rx = # of pharmacology contact hours for the session

Level of APRN experience session will target:
Novice (N) or Experienced (E)

MORNING SESSIONS 8:15–10:15 am BREAKOUT SESSION 1 (each session offers 2.0 contact hours of CNE credit – choose one)				
	Rx	Title	Presenter	Session Description
1A	.50	An Introduction to Primary Wound Closure, Principles and Practice LIMITED TO 30 ATTENDEES SESSION FULL as of 4/8	Jeff Kobernusz MS, RN, APNP, ACNP-BC	Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration and practice of 5 wound closure and knot tying techniques. N <i>Completion of this class (or equivalent) is required to enroll in session 2A 'Common Dermatologic Disorders'.</i>
1B	2.0 for 1B/2B	Skills for Advanced Practice Nurses: IUD Insertion Workshop (continued in 2B - must attend both) LIMITED TO 20 ATTENDEES	Marta Staple, APNP, WHNP	Long-acting reversible contraception (LARCs), including IUDs, are a safe and highly effective contraceptive option for most women. This workshop will provide participants with the most current information on the benefits, risks, possible side effects, and appropriate candidate selection for IUDs available in the US. A hands-on portion will include practicing IUD insertion and removal techniques with pelvic models. A case study approach will be used to review management of common side effects, complications and difficult IUD insertions and removals. N + E

1C	1.0 for 1C/2C	Basic Interpretation of the 12 Lead ECG <i>(continued in 2C - must attend both)</i>	Maureen T. Greene, PhD, RN, CNS-BC, ACNP-BC, APRN-P, CIFM Betty Ross Aguilar, MS, RN, CEN	An interactive practicum addressing 12 Lead ECG lead placement, vector and axis deviation, left and right MI identification, hypertrophy, bundle branch block, pericarditis and pediatric pearls. The workshops offer active practice of skills learned using the workbook provided in class. This session is for the telemetry novice with some ECG interpretation skills to experienced practitioner who wants to reach beyond their basic monitoring skills to learn a new ECG skill or refresh old skills. N + E PREREQUISITE: All participants - print, review and bring to class the 49-page course outline 'The Basics of 12-Lead ECG Interpretation' (posted online with other conference handouts). An additional 22-page workbook will be provided in class. Novices are also encouraged to complete a basic ECG interpretation course prior to class. There are many youtube.com 12 Lead ECG Interpretation classes available online – see our list at bit.ly/ecg-class . We will not address dysrhythmias in class.
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MORNING SESSIONS 10:30 am–12:30 pm BREAKOUT SESSION 2 (each session offers 2.0 contact hours of CNE credit – choose one)

#	Rx	Title	Presenter	Session Description	Novice (N) or Experienced (E)
2A	.75	Common Dermatologic Disorders and In-Office Procedures LIMITED TO 30 ATTENDEES SESSION FULL as of 4/8	Sarah Kaldem, MSN, ANP-BC, DCNP	Will cover common dermatologic conditions seen in general dermatology practice, and associated in office procedures, i.e. shave biopsies, punch biopsies, cryotherapy, cauterization, and treatment of warts, molluscum contagiosum, scabies, acne and actinic keratoses. E PREREQUISITE: Completion of session 1A 'An Introduction to Primary Wound Closure, Principles and Practice' or equivalent class prior to enrolling in this session.	
2B		IUD (continued from 1B)			
2C		ECG (continued from 1C)			

BOX LUNCH PROVIDED 12:30-1:00 pm

Rx = # of pharmacology contact hours for the session

Level of APRN experience session will target:
Novice (N) or Experienced (E)

AFTERNOON SESSIONS 1:00-2:30 pm BREAKOUT SESSION 3 (each session offers 1.5 contact hours – choose one)					
#	Rx	Title	Presenter	Session Description	Novice (N) or Experienced (E)
3A	.50	An Introduction to Primary Wound Closure, Principles and Practice LIMITED TO 30 ATTENDEES	Jeff Kobernusz MS, RN, APNP, ACNP-BC	Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration and practice of 5 wound closure and knot tying techniques. N	
3B	.50	Examination of the Shoulder, Hip and Knee – It's easier than you think!	Brian Bruno PA-C, LAT	The presentation will cover the pertinent anatomy, exam techniques and treatment options, including indications for injections, for the orthopedic examination of the shoulder, hip and knee. N + E	
3C	.25	Low Back Pain - What Has MRI Taught Us?	James Messerly D.O.	Differential diagnoses of Mechanical/Axial and Neurogenic Low back pain with MRI image examples. Neurologic and Mechanical evaluation components of lumbar spine exam. Indications for MRI scanning of the lumbar spine. Treatment recommendations. N + E	

AFTERNOON SESSIONS 2:45-4:15 pm BREAKOUT SESSION 4 (each session offers 1.5 contact hours – choose one)				
#	Rx	Title	Presenters	Session Description Novice (N) or Experienced (E)
4A	none	Multi-modal Treatment Approach to Musculoskeletal Injuries	Brittany Pollentier, MPT, DPT, TPS	There are many hands-on treatment options that are available in addressing musculoskeletal pain and tissue dysfunction. Manual therapy and supportive techniques can be extremely beneficial in assisting in recovering from injury or pain. Technique principles, indications, precautions, contraindications and applications will be reviewed with hands on demonstration and case study examples. Techniques such as Functional Dry Needling, Graston or Instrument Assisted Manual Therapy, Kinesiotaping, McConnell Taping and Therapeutic Neuroscience Education will be demonstrated. N + E
4B	.25	Concussions – Diagnosing, Treating and Long Term Outcomes	Larry Gordon D.O., FACP, CCD, CIC	We will examine diagnosing concussions, at the time of the event, treating them and the long term complications that can be seen. There will be many case examples along with demonstration of diagnostic techniques used in the office and on the sideline. N + E
4C	none	CXR Interpretation. A Case-based Review	Cris A. Meyer, MD	This workshop will use a case-based approach to review common findings on chest radiographs to include identifying COVID pneumonia, tuberculosis, obstructive atelectasis, lung abscess versus empyema, the solitary pulmonary nodule and lung cancer manifestations. Line and tube misadventures will also be discussed. N + E
4D	none	Casting and Splinting for Basic Orthopedic Injuries LIMITED TO 25 ATTENDEES	Brian Schroeder, APNP	This is a novice course to introduce the basics of splinting and casting to nurse practitioners. Focus will be set on which splints and casts to apply to a particular fracture/dislocation. Please come dressed to participate as cast application can get messy. N
End of conference – 4:15 pm				

LINK TO ONLINE EVALUATION FORM: <https://www.wisconsinnurses.org/skills-eval/>

Deadline to complete conference evaluation and earn the CE contact hours: May 2, 2021