

Supports Provided Through a School Health Plan

A School Health Plan is not the same as an “Individualized Healthcare Plan (IHP)” which the [school nursing profession](#) has defined as the counterpart of the nursing care plan. The IHP is created by school nurses for other school nurses. A School Health Plan is written to address health conditions that affect the health and/or safety of the student and are written to be followed and implemented by school staff.

Health Plans may address both chronic and acute health needs. A Health Plan may address healthcare needs that affect or have the potential to affect attendance and academic performance. A Health Plan may include specific aids and services (accommodations) that are required to meet the health and safety needs of the student or may support their attendance and academic performance.

It is considered best practice, to not to include a student’s Health Plan as an official (attached) part of the IEP document. If anything in the Health Plan changes (time student checks blood sugars, medication dosages, etc.) the IEP team would need to re-convene to make that change, or an I-10 form would need to be completed.

In the **Program Modifications or Support for School Personnel** section a statement such as “School nurse develops and maintains an Individualized Health Plan (IHP-nursing care plan), Health Plan, or Emergency Action Plan (EAP) that addresses student health needs and the plan(s) is/are on file in the health office” could be included. School nursing and school health services provided should be documented under the **Related Services** section.

In a comprehensive special education evaluation, all areas, including health are to be evaluated.

The following health related information should be documented in the IEP:

- The student’s present level of performance
 - findings that address the severity and nature of the health condition and how it affects the student’s engagement and progress in age or grade level general education curriculum
- Effects of Disability
 - Identifies how the student’s disability affects academic achievement and functional performance.
- Supplemental aids and services
 - information to support allocation of resources, including services such as nursing
 - Medical or health accommodations
 - program modifications and supports for school staff (e.g. training, and accommodations)