

JOIN US IN 2022 FOR THE 36TH ANNUAL APRN PHARMACOLOGY & CLINICAL UPDATE

APRIL 21-23, 2022 | APPLETON, WI



NURSE PRACTITIONER FORUM

CONFERENCE and SKILLS DAY Schedules (UPDATED 4/19/22)

Rx = # of pharmacology contact hours for the session

THURSDAY CONFERENCE						April 21, 2022
7:30 – 8:15 am						Registration, Breakfast and Exhibits (Exhibit Hall open Thursday only from 7:30 am-2:15 pm)
8:15 – 9:15 am						PLENARY SESSION 1 (this session offers 1.0 contact hour of CE credit/.50 Rx)
A Journey of Twists, Turns, Potholes and No Speed Limits—A Legislative Update		Gina Dennik-Champion, RN, MSN, MSHA - Executive Director, Wisconsin Nurses Association Bob Welch - WNA Lobbyist; Founder and President, The Welch Group Tina Bettin, DNP, MSN, RN, FNP-BC, APNP, FAANP – President of WNA NP Forum; Family Nurse Practitioner, ThedaCare Physicians		This session will provide a historical perspective on APRN Legislative issues via a timeline ending with bringing the participant up to date on the status of the APRN Modernization Act in Wisconsin. We will also address Federal Legislative Updates including information on medication assisted therapy. There will be information provided on future legislative initiatives affecting the practice and prescriptive authority of APRNs.		
9:30 – 10:30 am						BREAKOUT SESSION 1 (each session offers 1.0 contact hour of CE credit – choose one)
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)
1A	.50	Pediatric	Sneezin’ Ya All: Diagnosis and Management of Allergic Rhinitis	Jeanne Conner, RN, MSN, APNP, AE-C	Diagnosis and management of allergic rhinitis; when is it appropriate to refer to an allergist for an allergy evaluation; identifying allergies and managing symptoms; new and old therapies; how allergic rhinitis relates to other allergic and non-allergic diseases – case study. N + E	
1B	.25	Women's Health	Breast Cancer Prevention	Molly Linzmeier, APNP Kristin Cherney, LPN	Our discussion will cover the facets of our High Risk Breast Program that targets women who carry a higher risk for attaining a breast cancer in their life time. We use risk models to calculate these scores based on personal and family history of breast, ovarian, prostate, and pancreatic cancer. This information helps us determine who is appropriate for additional screenings, risk-reducing medications as well as genetic counseling. Risk reducing medications include tamoxifen, raloxifene, and aromatase inhibitors such as Arimidex and Aromasin. Lifestyle interventions are always recommended, even to our healthiest patients. N + E	
1C	.50	Acute Care	Sepsis Update	Daniel N. Storzer, DNP, APNP, ACNP, FCCP, FCCM	Will present the latest updated sepsis guidelines, including medical management, and share an in-depth case as an example. N + E	

1D	.50	Primary Care/ Geriatric	The Workup and Management of Anemias	Molly Schumacher, DNP, APNP, FNP-BC Melissa Smits, APNP, FNP-BC, OCN	Workup and treatment options for various types of anemia, including iron deficiency anemia, vitamin deficiency anemia (B12/folate), anemia of inflammation/chronic disease, sickle cell anemia, aplastic anemia, and hemolytic anemia. N + E
1E	.50	Psychiatric	Holistic Management of the Mental Health of Older People	Alicia Towne Ellison, DNP, APRN, PMH-BC	This presentation will include overview of holistic approach to mental healthcare of older people utilizing the Wisconsin Star Method from the Wisconsin Geriatric Psychiatry Initiative, reflect on implications of social determinants of health in the geriatric population, and break down five case studies, each focused upon a different method star point: behavioral, personal, social, medical, and medication factors. The second half of the presentation will dive into psychopharmacology pearls for the geriatric population. Topics will be broken down by symptom target (depression, anxiety, cognitive impairment, behavioral and psychological symptoms of dementia) with a review of older as well as newer medications in each class (SSRI's, SNRI's, SDRI's, serotonin modulators, atypical antidepressants, tricyclics, tetracyclics, benzodiazepines and recommendations around tapering, mood stabilizers, 2nd generation antipsychotics, glutamate blocker, and anticholinesterase inhibitors). N + E
11:00 am – 12:00 pm BREAKOUT SESSION 2 (each session offers 1.0 contact hour of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
2A	<i>none</i>	Pediatric	Breaking Down Dysmorphology	Stephanie J Offord, MSN, RN, FNP-BC, AGN-BC Gina Lewis, APNP, C-PNP	Dysmorphology terminology can be confusing, and many providers don't know how to use the terms or what the terms refer to. In this session we'll take the time to break it all down: where did the terms come from, how to pronounce the terms, what they mean, and how to use them. We'll walk through nuances of facial features and other dysmorphic features of the body. (<i>Pediatric focus, although information applicable throughout lifespan</i>) N + E
2B	.25	Women's Health	Infertility; What's New & What can You Do?	Elizabeth Pritts, MD	In this session you will learn about the latest treatments for infertility. We'll will discuss the treatments that APRNs could easily perform in the office setting, as well as pre-specialist work up. N + E
2C	CLASS CANCELLED				
2D	.25	Primary Care/ Geriatric	Syncope: Diagnosis and Management	Jennifer Marks, BS, BSN, MSN, APNP	This presentation will address the initial evaluation required for a patient with near syncope/syncope and the different treatment options. Case studies will be included. N + E
2E	1.0	Psychiatric	Medications for the Treatment of Substance Use Disorders	Megan Smith, MD	This lecture will review the medication options for treatment of substance use disorders, including off-label and emerging treatments. These medications can be useful in management of difficult disorders such as alcohol use disorder, stimulant use disorder, opiate use disorder, and more. N
12:00 – 1:00 pm Lunch and Exhibits (Exhibit Hall open Thursday only from 7:30 am-2:15 pm)					
1:00 – 2:00 pm KEYNOTE PRESENTATION (this session offers 1.0 contact hour of CE credit/ <i>no Rx</i>)					
Nursing's Voice in Healthcare: Are You Ready for the Challenge?			Joyce M Knestrick, PhD, FNP, FAANP, FAAN Associate Professor, George Washington University	As healthcare continues to change, nurse practitioners (NPs) are well suited to be the "movers and shakers" to impact policy and health reforms. As nurse leaders, NPs bring experiences to improve social determinants of health and are often the voice of the diverse patients they serve. The removal of barriers to practice in federal and state legislation and local health systems are only part of the breaking down barriers. Readiness to meet the challenges comes after reflection on personal self and the profession.	
2:15 – 3:15 pm BREAKOUT SESSION 3 (each session offers 1.0 contact hour of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
3A	1.0	Pediatric + Psychiatric	Pediatric ADHD: Updates on Management	Rhonda Roell Werner, BSN, MS, PCNS-BC, RN, APNP	ADHD is not uncommon in children and is frequently managed by the Primary Care Nurse Practitioner. This presentation will cover an overview of ADHD with a focus on the current recommendations for medication management as well as some exposure to nonpharmacologic approaches in the classroom setting. N + E

3B	.50	Women's Health	Evaluating and Treating Urinary Incontinence in Primary Care Settings	John W. Utrie, Jr., DO	This discussion is aimed at primary care providers who take care of women. We will discuss the initial evaluation and treatment of urinary incontinence. Will include interventions for acute and initial urinary tract infections, overactive bladder and stress incontinence. Discussion of vaginal prolapse will be included. Finally, indications for referral for more complex problems will be addressed. N + E
3C	1.0	Acute Care	Heart Failure Epidemic: Medication Guidelines and Management	Beth Michaelson, APNP, DNP	Will address current Medication Guidelines and management of acute and chronic heart failure in the inpatient and outpatient setting. N + E
3D	.25	Primary Care/ Geriatric	Death Happens. How Advanced Practice Nurses Can Help Make a "Good Death."	MacKenzie Clark-Seltzner, APNP, ACHPN	A brief overview of Medicare hospice benefit and how an advanced practice nurse can utilize their skills and expertise to help a patient and family through this time. This program will focus briefly on goals of care conversations as well as symptom management in the months up to death and at time of death. Discussion on medications used in typical hospice "emergency comfort medication" packs will also be covered in this program. N + E
3:30-4:30 pm PLENARY SESSION 2 (this session offers 1.0 contact hour of CE credit/.50 Rx)					
Pharmacologic Considerations for Comprehensive Outpatient Care of Transgender Patients		Jessica C Francis, MD - Associate Professor, Program Director - Department of Obstetrics and Gynecology, Medical College of Wisconsin		We will discuss appropriate candidates for gender affirming hormone therapy, safe initiation and maintenance of hormone therapy, as well as considerations for patients with underlying medical conditions. We will also discuss side effects, adverse effects, and alternatives to these medications.	
4:30 pm THURSDAY CONFERENCE ends – Dinner on your own					

Rx = # of pharmacology contact hours for the session

FRIDAY CONFERENCE						April 22, 2022
7:30 – 8:15 am Registration, Breakfast and Poster Display						
7:30 am – 2:45 pm APRN Research Poster Display – Juried display of APRN and APRN student research posters, Friday only (.5 contact hours CE credit offered for visiting displays)						
8:15 – 9:15 am PLENARY SESSION 3 (this session offers 1.0 contact hour of CE credit/.5 Rx)						
Cases of Bugs and Drugs: Optimizing Care of Common Infectious Disease Problems		Luke Malik, PharmD, BCIDP - Infectious Diseases Clinical Pharmacist, UnityPoint Health – Meriter Hospital Joseph A. McBride, MD - Assistant Professor (CHS) of Adult and Pediatric Infectious Disease, University of Wisconsin-Madison School of Medicine & Public Health		Each area (cellulitis, diabetic foot infections, blood culture results, pneumonia treatments) will be explored for best practice in antibiotic selection/stewardship concerns. Cases outlying common problems/concerns of each scenario will be explored.		
9:30 – 10:45 am BREAKOUT SESSION 4 (each session offers 1.25 contact hours of CE credit – choose one)						
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)
4A	.50	Pediatric	Periodic Fevers in Children	Betsy Roth-Wojcicki, RN, MS, CPNP-PC	Will discuss overview of periodic fevers seen in pediatrics and provide case studies for the 4 periodic fever syndromes presented. N + E	
4B	1.0	Women's Health	Management of Polycystic Ovarian Syndrome	Bethany Auble, MD, MEd.	After a review of the pathophysiology of Polycystic Ovarian Syndrome (PCOS), I will cover the co-morbidities of women with PCOS, screening and diagnosis. We will discuss the adolescent versus adult presentation and pharmacology of treatment for PCOS. N + E	
4C	.25	Acute Care	General Surgery for Primary Care	Carmen Anderson, MSN, FNP-BC, APNP	Management of surgical issues from a primary care perspective (i.e. primary care provider, urgent care, emergency department) such as abscesses, intra-abdominal processes (cholecystitis, appendicitis, small bowel obstruction), varicose veins, lumps/bumps, breast pain/abnormal breast imaging, hemorrhoids. N	

4D	.50	Primary Care/ Geriatric	COVID-19 Q&A – bring it on!	Luke Malik, PharmD, BCIDP Joseph A. McBride, MD	We stand ready to do our best to answer all of your burning COVID questions! Some areas to consider are COVID management/infection control implications; Public health guidance; and case-specific questions. <i>(Participants will have the opportunity to submit a question for the presenters when registering for this class.)</i> E
4E	1.0	Psychiatric	Reefer Madness!!! What Providers need to know about Cannabis	Jonathan Williams, BSN, DNP, PMHNP-BC, CCRN	Will discuss the gene interaction of cannabis on the body, and address CYP450 effects on the body and medications (psychiatric as well as others). This will include cases and examples of medication adjustments and pearls. Will discuss neurobiology of Cannabis effect on body functioning. N + E
11:00 am – 12:15 pm BREAKOUT SESSION 5 <i>(each session offers 1.25 contact hours of CE credit – choose one)</i>					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
5A	1.25	Pediatric	Management of Infant Reflux	Denise M. Kilway, DNP, RN, APNP	Updated information on history, assessment, diagnosis, and treatment of Infant Reflux. N + E
5B	none	Women's Health	Incorporating Integrative Medicine in Clinical Practice	Lynn Wagner, MD	Learn about Integrative Medicine and the important role of IM in Women's Health, including case studies demonstrating how to incorporate IM in clinical practice. We will discuss how to utilize a combination of lifestyle, alternative medical therapies and traditional medical treatments to help patients to their health goals. N + E
5C	.50	Acute Care + Primary Care/ Geriatric	Bariatric Surgery and Care in the Primary Care Setting	Betsy Winnekens, APNP	This talk will cover the most common surgical treatment options for weight loss. We will briefly review pre-operative requirements for most insurance companies and Centers of Excellence. We will go over the necessary vitamins needed post op and follow up lab recommendations for the weight loss surgery patient. We will discuss where the PCP fits into the care of the post-operative patient. What medications are safe to use postoperatively? What are some common postoperative issues? What does it mean for the PCP when the patient's surgery is done in another country because they could not get insurance coverage in the USA? We will also discuss long-term outcomes of weight loss surgery on co morbid conditions, and whether bariatric surgery impacts Covid-19 risks. N + E
5D	.75	Psychiatric	Eating Disorder Identification, Diagnosis, and Treatment: Demystifying the Challenges in Primary Care	Jennifer Fiegel-Newlon, DNP, PMHNP, FNP, APNP	My presentation will cover: demographics and statistics of eating disorders amongst the life span; common myths associated with diagnosis and treatment of eating disorders; pharmacologic treatment options; and the referral and inpatient process. We will then discuss treatment options in Wisconsin, including when referral and inpatient treatment is necessary and review case studies. N + E
12:15 – 1:15 pm Lunch and Poster Display <i>APRN Research Poster Display open Friday only from 7:30 am–2:45 pm</i>					
1:15 – 2:30 pm BREAKOUT SESSION 6 <i>(each session offers 1.25 contact hours of CE credit – choose one)</i>					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
6A	1.0	Pediatric	Update on Childhood Immunizations	Amanda M. Kotowski, DNP, RN, CPNP- AC/PC, CLC	Review the basic mechanisms of vaccines; discuss the current child & adolescent immunization schedule including the impact of the COVID pandemic on adherence rates; discuss vaccine hesitancy in the pediatric population. N
6B	.50	Women's Health	Endometriosis - a Case Study Perspective	Rami Kaldas, MD	Case studies of endometriosis with diagnosis, medical and surgical management, prognosis for quality of life and reproductive prospects will be presented. Dr. Kaldas wishes to share perspective and insight to optimize management of this poorly understood disease that is often left undiagnosed and sub-optimally treated leading to lack of treatment success. N + E
6C	.75	Acute Care	Thyroid Update 2022	Lynnette Clancy, MSN, APNP Megan Gilfillan, BSN, MSN, FNP	Diagnosis and management of hyper/hypothyroidism and subclinical disease. Discussion of Grave's and Hashimoto's. Lab review. Evaluation of thyroid nodules, based on TIRAD system. When to refer. What's an emergency? Pharmacology review. Case studies. N + E
6D	.50	Primary Care/ Geriatric	Sleep Disorders and Therapy Updates	Kari Fisher, DNP, APRN, FNP-BC	This session will provide an overview of sleep disorders; evaluate treatment strategies and management of sleep disorders; and formulate methods of management for sleep disordered breathing, including therapy updates. Case studies will be presented as examples. N + E

6E	.75	Psychiatric	Navigating Management of the 3D's (Dementia, Delirium, Depression) in the Acute Care Setting	Carrie Bennett, DNP, RN, GCNS-BC Heather Theisen, PharmD, BCGP	This presentation will focus on the assessment and management (non-pharmacologic/pharmacologic) of delirium and dementia in the hospitalized older adult population as well as cover basics of depression assessment and management. Case studies will be utilized to supplement content and engage learners. N + E
2:45 – 4:00 pm PLENARY SESSION 3 <i>(this session offers 1.25 contact hours of CE credit/1.25 Rx)</i>					
An Update on COVID-19 Therapeutics: The (hopefully post-) Omicron Edition			Lucas Schulz, PharmD, BCIDP - Clinical Coordinator – Infectious Diseases, UW Health System Tom Dilworth, PharmD, BCPS AQ-ID - System Director, Clinical Pharmacy Services, Advocate Aurora Health	In this presentation, we will review the current state of COVID and COVID therapeutics – presenting data about variants of concern and data supporting each of the authorized treatments – and assessing their role in current COVID treatment algorithms. We will review education for patients about non-healthcare testing processes and the role of diagnostics in determining next steps – either repeat testing or initiating treatment. Finally, we will provide information you can share with your patients about the time course of novel therapeutics approval and future steps in the COVID pandemic.	
4:00 pm FRIDAY CONFERENCE ends – Dinner on your own					

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SATURDAY SKILLS DAY					April 23, 2022
7:30 – 8:15 am Registration and Breakfast					
8:15 – 10:15 am BREAKOUT SESSION 7 <i>(each session offers 2.0 contact hours of CE credit – choose one)</i>					
	Rx	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)
7A	.50	An Introduction to Primary Wound Closure, Principles and Practice <i>LIMITED TO 30 ATTENDEES</i>	Jeff Kobernusz, DNP, RN, ACNP-BC	Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration and practice of 5 wound closure and knot tying techniques. N + E <i>Completion of this class (or equivalent) is required to enroll in session 8A 'Common Dermatologic Disorders and In-Office Procedures'.</i>	
7B	2.0 for 7B/8B	Skills for Advanced Practice Nurses: IUD Insertion Workshop <i>(continued in 8B - attend both)</i> <i>LIMITED TO 20 ATTENDEES</i>	Marta Staple, APNP, WHNP	Long-acting reversible contraception (LARCs), including IUDs, are a safe and highly effective contraceptive option for most women. This workshop will provide participants with the most current information on the benefits, risks, possible side effects, and appropriate candidate selection for IUDs available in the US. A hands-on portion will include practicing IUD insertion and removal techniques with pelvic models. A case study approach will be used to review management of common side effects, complications and difficult IUD insertions and removals. N + E	
7C	.50 for 7C/8C	Basic Interpretation of the 12 Lead ECG <i>(continued in 8C - attend both)</i>	Maureen T. Greene, PhD, RN, CNS-BC, ACNP-BC, APRN-P, CIFM Betty Ross Aguilar, MS, RN, CEN	An interactive practicum addressing 12 Lead ECG lead placement, vector and axis deviation, left and right MI identification, bundle branch block, pericarditis and pediatric pearls. The workshops offer active practice of skills learned using the 25-page workbook provided in class. This session is for the telemetry novice with some ECG interpretation skills to experienced practitioner who wants to reach beyond their basic monitoring skills to learn a new ECG skill or refresh old skills. N + E PREREQUISITE: <i>All participants - print, review and bring to class the 45-page course outline 'The Basics of 12-Lead ECG Interpretation' (posted on conference handouts webpage). An additional workbook will be provided in class. Novices are also encouraged to complete a basic ECG interpretation course prior to class. There are many youtube.com 12 Lead ECG Interpretation classes available online – see our list at https://bit.ly/ecg-class. We will not address dysrhythmias in class.</i>	

7D	none	Coding & Documentation for APRNs	Jen Cohrs, CPC, CPMA, CGIC	"If it isn't documented, it wasn't done" has been a mantra for professional coders over the years. Today's healthcare providers must document with enough detail to support the services rendered. This session will review 2022 CPT and ICD-10-CM coding, including overall changes to E/M services and the evolution of telehealth services. Jen will provide tips for medical record documentation to maximize reimbursement, reduce audit risk and increase diagnosis specificity. N + E
10:30 am – 12:30 pm BREAKOUT SESSION 8 (each session offers 2.0 contact hours of CE credit – choose one)				
#	Rx	Title	Presenter	Session Description Novice (N) or Experienced (E)
8A	.75	Common Dermatologic Disorders and In-Office Procedures LIMITED TO 30 ATTENDEES	Sarah Kaldem, MSN, ANP-BC, DCNP	Will cover common dermatologic conditions seen in general dermatology practice, and associated in office procedures, i.e. shave biopsies, punch biopsies, cryotherapy, cauterization, and treatment of warts, molluscum contagiosum, scabies, acne and actinic keratoses. E PREREQUISITE: Completion of session 7A 'An Introduction to Primary Wound Closure, Principles and Practice' or equivalent class prior to enrolling in this session.
8B		IUD (continued from 7B)		
8C		ECG (continued from 7C)		
8D	none	Sports Physicals: An Overview	Amanda M. Kotowski, DNP, RN, CPNP- AC/PC, CLC	Review the goals of the preparticipation sports physical including how to determine if the athlete is in good physical health. Practice basic exam techniques including overview of the MSC system. Review the WIAA sports clearance form. Utilize case studies to review screening guidelines related to COVID and the student athlete. N
8E	.50	Examination of the Shoulder, Hip and Knee – It's easier than you think!	Brian Bruno PA-C, LAT	The presentation will cover the pertinent anatomy, exam techniques and treatment options, including indications for injections, for the orthopedic examination of the shoulder, hip and knee. Please wear comfortable clothes so we can practice the exam. N
12:30 pm SATURDAY SKILLS DAY ends - Lunch on your own				



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SAVE THE DATE!

37th Annual APRN Pharmacology & Clinical Update

April 20-22, 2023

Monona Terrace, Madison