

# DIABETES CARE AND EDUCATION CONFERENCE

NOV 18-19, 2022 | OSHKOSH, WI 

## CONFERENCE SCHEDULE AND SESSION DESCRIPTIONS

Rx = # of pharmacology contact hours for the session

FRIDAY CONFERENCE		November 18, 2022
8:30 – 8:45 am	Welcome and Program Overview	<i>(this session offers .25 contact hour of CE credit)</i>
8:45 – 9:45 am	Keynote Address	<i>(this session offers 1.0 contact hour of CE credit/no Rx)</i>
<b>KEYNOTE ADDRESS</b> <b>The Language of Diabetes: Putting People First</b>	<b>Jane K. Dickinson, RN, PhD, CDCES</b> - Program Director/Senior Lecturer, Teachers College Columbia University	The language that healthcare professionals use to discuss diabetes impacts motivation, self-care behaviors, and clinical outcomes for people living with diabetes. Set the stage for the conference by making a paradigm shift to more positive, respectful, inclusive, person-centered, and strengths-based language.
9:45 – 10:45 am	<b>PLENARY SESSION 1</b>	<i>(this session offers 1.0 contact hour of CE credit/.5 Rx)</i>
<b>Covid-19 Impact on Diabetes Care: Adult &amp; Pediatric Perspectives</b>	<b>M. Tracy Bekx, MD</b> - Associate Professor of Medicine/Director of Pediatric Diabetes Program, University of Wisconsin School of Medicine and Public Health <b>Carlos E. Mendez MD, FACP</b> - Associate Professor of Medicine, Medical College of WI; Director of Diabetes Program, Zablocki VA Medical Center	This presentation will review how the Covid pandemic impacted pediatric diabetes patients, families and providers; from change in number of cases, to presentation, and in delivery of care. Learners will gain an understanding of potential factors that influence onset of Type 1 DM as well as Type 2 DM in the pediatric patient, and how the pandemic may be playing a role. This presentation will review how the Covid pandemic affected differently adult patients with diabetes, and how the prevalence of diabetes increased for those patients without diabetes after Covid infection. The changes in care delivery and role of telehealth will also be reviewed.
11:15 am – 12:30 pm	<b>PLENARY SESSION 2</b>	<i>(this session offers 1.25 contact hours of CE credit/.25 Rx)</i>
<b>WI Medicaid Coverage for Diabetes Care and Management</b>	<b>Kevin Wetherbee, RN, BSN</b> - Clinical Policy Nurse Consultant 2, Division of Medicaid Services, WI Dept. of Health Services <b>Kyle Robel, BS, CPC, CPB</b> – Medicaid Trainer, ForwardHealth	This panel presentation by experts representing the Wisconsin Department of Health Services will be broken into three parts. First, a walkthrough on navigating the ForwardHealth Portal as well as discussing the Medical Equipment Online Handbook focusing on Durable Medical Equipment related to the treatment of Diabetes. Next, an update on the policy related to Diabetes treatment. After that, they will open the floor for questions. Focus areas will include: <ul style="list-style-type: none"> <li>• Demonstration of ForwardHealth portal navigation and claims submission.</li> <li>• ForwardHealth coverage criteria for Continuous Glucose Monitors.</li> <li>• ForwardHealth guidelines for coverage of Insulin Pumps.</li> </ul>

<b>1:15 – 2:30 pm</b> <b>PLENARY SESSION 3</b> <i>(this session offers 1.25 contact hour of CE credit/<b>no Rx</b>)</i>		
<b>Eating Patterns of Children and Adults with Diabetes</b>	<b>Amy (Amanda) Stinson, MS, RDN, CD, CDCES</b> - Registered Dietitian and Diabetes Educator, Advocate Aurora Healthcare  <b>Lynn Estacio RN, CDCES</b> - Pediatric Diabetes Educator, Advocate Aurora Children’s Health	The presentation will highlight eating patterns of adults and children with diabetes, trending diets patterns (carb control, intermittent fasting, Keto, DASH, intuitive eating, Mediterranean) and the risks, benefits, and research behind them. Strategies for helping both children and adults with diabetes in managing their diabetes through nutrition management will be discussed.
<b>3:15 – 4:30 pm</b> <b>PLENARY SESSION 4</b> <i>(this session offers 1.25 contact hour of CE credit/<b>.25 Rx</b>)</i>		
<b>Making DSMES Programs Work: Pharmacy, Pediatric &amp; Rural Community Approaches</b>	<b>Dimmy Sokhal, PharmD</b> – Pharmacist, Hayat Pharmacy <b>Hashim Zaibak, PharmD</b> - Owner, Hayat Pharmacy <b>Whitney N. Beaton, MSN, RN, ACCNS-P, CDCES</b> - Pediatric Diabetes Clinical Nurse Specialist, UW Health Kids - American Family Children's Hospital <b>Jo Ellen E. Frawley, APNP, BC-ADM, ANP, CDCES</b> - Diabetes Program Coordinator, Sauk Prairie Healthcare	The panel will offer insight into several DSMES (Diabetes Self-Management Education and Support) programs in Wisconsin, what aspects of the program have changed with the pandemic, and future DSMES program goals using a social determinants of health lens. Specific areas to discuss: <ul style="list-style-type: none"> <li>• Real-time healthcare systems rural verses inter-city</li> <li>• Success and barriers of DSMES referrals during and post pandemic</li> <li>• DSMES related to school systems throughout the state</li> <li>• Current trends with technology and how this can affect telehealth</li> </ul>

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SATURDAY CONFERENCE					November 19, 2022
7:15 am – 12:45 pm					Research and Clinical Project Poster Display – Saturday only (.5 contact hour CE credit offered for reviewing posters/speaking with poster presenters)
8:05 – 8:15 am					Brief Welcome and Program Overview during Breakfast
8:15 – 9:30 am					<b>BREAKOUT SESSION A</b> (each session offers 1.25 contact hours of CE credit – choose one)
#	Rx	Title	Presenter(s)	Session Description	
A1	.75	Recognizing Comorbidities of Diabetes	Jodi Strong, DNP, BC-ADM, CDCES, CPT – DNP/Diabetologist, Aspirus Medical Group	This session will begin with a review of pathophysiology and the connection between cardiovascular disease (CVD) and diabetes. We will discuss how CVD and diabetes pose problems with a lot of unmet needs for the patient. The ADA’s guidelines and recommendations for addressing CVD, Type 2 DM and other comorbidities will be covered, including pharmacotherapeutics to help address CVD in T2DM.	
A2	.50	Addressing Clinical Inertia Through Collaborative Practice	Erin Newkirk, PharmD, CDCES, BCPS - Ambulatory Clinical Pharmacist, Endocrinology, Froedtert Hospital Dani Liegel, PharmD - Pharmacist in Diabetes Education, Reedsburg Area Medical Center Jo Ellen E. Frawley, APNP, BC-ADM, ANP, CDCES - Diabetes Program Coordinator, Sauk Prairie Healthcare Amy (Amanda) Stinson, MS, RDN, CD, CDCES - Registered Dietitian and Diabetes Educator, Advocate Aurora Healthcare	The panel will describe collaborative practice in a variety of healthcare settings and discuss the ‘Identify, Configure and Collaborate’ framework for optimizing diabetes care and education. Specific areas to address: <ul style="list-style-type: none"> <li>• Different roles of team members in diabetes management</li> <li>• Barriers that exist due to therapeutic inertia between healthcare systems, clinicians, and patients, and provide examples of how to overcome them</li> <li>• Relationship between barriers and associated risks for patients with type 2 DM and possible interventions</li> <li>• The role of a diabetes technology champion in order to expand diabetes technology access and facilitate person-centered care model.</li> </ul>	
9:35 – 10:50 am					<b>BREAKOUT SESSION B</b> (each session offers 1.25 contact hours of CE credit – choose one)
#	Rx	Title	Presenter(s)	Session Description	
B1	none	National Diabetes Prevention Program in Practice	Marilyn Hodgson, RN, MSN, CDCES - Quality Initiatives Coordinator, WI DOH Chronic Disease Prevention Program Lisa Coombs-Gerou, BS, MPA, EdD Candidate - Chief Operating Officer, YMCA of Metropolitan Milwaukee Hanna Misiak, CHES - Health Integration Executive, YMCA of Metropolitan Milwaukee	During this session participants will learn about CDC’s lifestyle change program to prevent or delay type 2 diabetes, Wisconsin Department of Health Services’ work to create infrastructure and sustainability for the program, and efforts of community-based organizations to support successful delivery of the lifestyle change program.	
B2	.75	Updates in ADA Standards & Pharmacotherapy Across the Lifespan	Megan Abler, RN, BSN, DNP, FNP-BC - Endocrinology Nurse Practitioner, Ascension; Adjunct Faculty, Bellin College	This update will focus on the ADA Standard topics of obesity and treatment goals in older adults. We will also discuss obesity and weight management for the prevention and treatment of Type 2 DM. Pharmacologic treatment update will include a closer look at the pathophysiology, dosing, side effects and patient education of Tirzepatide.	

11:30 am – 12:45 pm BREAKOUT SESSION 7		(each session offers 1.25 contact hours of CE credit – choose one)		
#	Rx	Title	Presenter(s)	Session Description
C1	none	<b>Culturally Inclusive Care Health Policies</b>	<b>Alan Talaga</b> - Community Coach, MATCH Group at UW Population Health Institute <b>McKenzie Liegel, MPH</b> - Community Coach, MATCH Group at UW Population Health Institute	Culturally inclusive health policy can help improve diabetes treatment and prevention. In this session, we will learn about the importance of respecting and valuing the health of all populations in our communities. Also, a policy does nothing if people aren't putting it into practice. We'll learn how good policy gets reflected into day-to-day practice at all levels of a health system. Finally, we'll see how partners outside of the healthcare world are essential to achieving policy goals.
C2	none	<b>Advocacy Update</b>	<b>Jeffrey Perzan, BA, JD</b> - Special Counsel, MWH Law Group <b>Marilyn Hodgson, RN, MSN, CDCES</b> - Quality Initiatives Coordinator. WI DOC Chronic Disease Prevention Program	During this session participants will learn about current issues facing people with diabetes (PWD) and look at federal, state and DHS pathways to achieve favorable outcomes. We will discuss the WI Diabetes Action Plan 2021 and ways for you to send in your recommendations/requests for Diabetes Action Plan 2023.
12:45 pm		CONFERENCE ADJOURNS – complete online evaluation by 12/4/22 to receive CE credit		

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