

2022 APRN Self-Study Modules

Webpage for more information and a link to order: bit.ly/aprn-modules

Links to the handout, video presentation, and online evaluation form are included in a separate Confirmation Email for each module purchased.

Deadline to submit evaluation of completed module(s) for CE credit: **April 1, 2023**

Module #	Title	Contact Hours Rx CH	Presenter	Session Description
1	The Office-Based Use of Pharmacotherapy in the Treatment of Opioid Use Disorder	1.00 1.00	Michael M. Miller, MD, DFASAM, DLFAPA - <i>Interim Medical Director, Connections Counseling, LLC</i>	An overview of how to treat addiction in an office-based setting as a non-specialist, focusing on the prescribing of buprenorphine products and long-acting injectable naltrexone as Medications for Opioid Use Disorder (MOUD).
2	Hyperglycemia & Venous Reflux: Two Chronic Conditions and the Ulcers that Result	1.25 1.25	Latisha Smith-Chase, MD - <i>Medical Director, Fort HealthCare Wound & Edema Center</i>	Reviews what constitutes chronic wound care and how wounds heal. Addresses the pathophysiology of venous leg ulcers and their management. Addresses the pathophysiology and management of diabetic foot ulcers. Focus is on the primary care setting. A brief overview of advanced therapeutics currently available is included.
3	Updates in Vaginal Health	1.25 1.00	Myrtle Wilhite, MD, MS - <i>Medical Director, A Woman's Touch Sexuality Resource Center</i>	After a brief background of basic vaginal anatomy, physiology and microbiome homeostasis, the presentation includes common clinical cases primarily focusing on iatrogenic and natural postmenopausal issues. Presenter briefly covers the pros and cons of most available prescriptions and non-prescription options for addressing vaginal health.
4	Diabetes, Comorbidity, Complexity, and Age: Case Review Studies	1.00 .75	Trudy Mara, RN, MS, FNP-C, GNP-C, ADM-BC, CDE - <i>Nurse Practitioner, SSM Health Wisconsin-Baraboo Clinic</i>	In-depth review of complex case studies involving counseling, medical decision making and follow-up for diabetic patients including: Counseling the new diabetic person; The basal insulin start; Adding a bolus insulin; Adding a GLP-1; The patient with CAD; Determining whether Type 1 and Type 2 diabetes; The elderly, frail diabetic; The morbidly obese patient, Diabetes in the face of end stage renal disease.
5	Adult Vaccination Update 2021: Taking a Shot at Protecting Your Female Patients	1.25 1.25	Audrey M. Stevenson, PhD, MPH, MSN, FNP-BC - <i>Division Director Family Health, Salt Lake County Health Department</i>	Vaccines are one of the most important preventive measures we can use to protect our patients against vaccine-preventable diseases. Many of our female patients are missing several of the vaccines that could prevent preventable many communicable diseases and cancers. This fast-paced session will provide the clinician with the most current information on the vaccines recommended for individuals throughout adulthood. Case scenarios will be used to assist the clinician in providing the patient information to assist in shared clinical decision making and addressing vaccine hesitancy.

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6	Dementia Management – When Dementia Becomes the Primary Diagnosis	1.25 .50	Sarah Endicott, DNP, GNP-BC, PMHNP-BC - <i>Clinical Professor, UW-Madison School of Nursing</i>	Discussion of dementia management organized by stage: early, moderate and late. The talk includes guideline-based dementia assessment including pearls for diagnosis. Management strategies include both pharmacologic and non-pharmacological treatments. Concludes with discussion of prevention and management of neuropsychiatric symptoms of dementia in outpatient and long-term care settings.
7	CBD: A Pharmacist’s Perspective	1.00 .75	Alexandra Sklansky, PharmD, BCPP - <i>Pharmacist, UnityPoint Health-Meriter</i>	Topics covered include: CBD statistics, CBD makeup, applicable law, pharmacodynamics, pharmacokinetics, efficacy, adverse effects, drug interactions, and example patient cases.
8	Clinical Lipid Updates: New Drugs & New Insights into Risk Stratification	1.25 .75	Sanford Carimi, MD, FACP, FNLA - <i>Physician, Director of UnityPoint-Meriter Lipid Clinic, UnityPoint Health</i>	Discussion of determining risk assessment of who needs treatment with emphasis on the “Intermediate” risk group of if/when to treat. For those who need treatment, understanding basic management of Lipids including some Perles on treating statin intolerant or difficult to get to LDL goal patients, as well as learning about the new medication options including PCSK-9 inhibitor & other newer non-statin drugs.
9	Anticoagulation, Coagulopathies and Thrombophilia: Evaluation and Treatment Options	1.25 1.00	Cate Ranheim, MD, MMM - <i>Hospitalist/Hematologist, UnityPoint Health</i>	Coagulopathies and thrombophilia are challenging to evaluate and to treat. This case-based session reviews the most common clotting and bleeding disorders, including COVID-related conditions, with a focus on the risk and benefits of specific therapeutics. Participants then work together to solve specific clinical problems following a brief presentation on each topic.
10	Mental Health, COVID, and Change; A status update on coping, caring, and moving forward	1.25 .75	Jennifer Fiegel-Newlon, DNP, PMHNP, FNP, APNP - <i>Psychiatric Mental Health NP, Gundersen St. Josephs; Clinical Associate Professor, UW-Madison School of Nursing</i>	Discussion of acute treatment options, the impact of COVID on day-to-day mental health, the impacts on people with chronic mental illness, the impacts on children and teens, and how to adapt to prolonged change.