



CONFERENCE and SKILLS DAY Schedules

Rx = # of pharmacology contact hours for the session

THURSDAY CONFERENCE		April 20, 2023
8:00 – 8:45 am	Registration, Breakfast and Poster Display set up in Grand Terrace	
8:45 am – 5:45 pm	APRN Research Poster Display – Juried display of APRN and APRN student research posters on Thursday only (1.0 contact hour CE credit for visiting displays)	
8:45 – 9:45 am	PLENARY SESSION 1 (this session offers 1.0 contact hour of CE credit/.25 Rx)	
Legislative Update for APRNs - "When the Going gets Tough, the Tough get Going!"	Gina Dennik-Champion, RN, MSN, MSHA - Executive Director, Wisconsin Nurses Association Bob Welch - WNA Lobbyist; Founder and President, The Welch Group Tina Bettin, DNP, MSN, RN, FNP-BC, APNP, FAANP – President, WNA NP Forum; Family Nurse Practitioner/Provider Lead New London Call Group, ThedaCare	We begin with a big WELCOME to our Conference and an overview of the days ahead. An update on Federal and State legislative issues affecting advanced nursing practice will be provided. The APRN Modernization Bill in Wisconsin and the unseen process of moving the legislation forward will be addressed in detail.
9:45 – 10:00 am	Break and Poster Display	
10:00 – 11:00 am	KEYNOTE PRESENTATION (this session offers 1.0 contact hour of CE credit/no Rx)	
Human Trafficking: Engaging and Equipping APRNs for a Trauma-Informed Response	Jessica L. Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN - Clinical Professor, Baylor University	This presentation will explore core competencies for nurse practitioners in the clinical setting who may encounter persons exploited and abused in human trafficking. Learners will be equipped with knowledge to implement a clinical protocol in their organizational setting to ensure best current practices, moving the APRN from an individual response level to a collective, holistic, public-health, comprehensive care approach. Learners will be given the most up-to-date statistics, research, and initiatives currently ongoing in the fight against human trafficking. Instruction will be given on developing NP-Led diverse interprofessional teams to maximize impact on health outcomes.
11:00-11:15 am	Break and Poster Display	

11:15 am-12:30pm BREAKOUT SESSION 1						(each session offers 1.25 contact hours of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)					
1A	.75	Peds	Circling Uranus – Not the Planet – Constipation Poopourri	Eileen Sherburne, PhD, APRN, FNP-BC, ACNS-BC	I will present information from the Spina Bifida LifeSpan Bowel Management Protocol since people with Spina Bifida can have difficult to manage constipation and incontinence. This protocol follows an age-specific and step-wise process to constipation and incontinence management. I will also be interweaving information from my dissertation “Just Kind of Negotiate - Pediatric Nurses’ Experiences of Identifying & Managing Constipation in Hospitalized Children” to discuss the challenges and taboos of managing constipation. N						
1B	.75	Women + Gero/PC	Urinary Incontinence: Stress and Urge	Frank C. Lin, MD, MS	Pelvic floor disorders (PFDs) are a group of conditions that affect the pelvic floor. One out of four women (25%) 20 years or older suffer with PFDs that significantly impact their quality of life. This presentation will discuss urinary incontinence (UI), focusing on overactive bladder (OAB) and stress urinary incontinence (SUI). The diagnosis, testing, management, and treatment options will be reviewed, and surgical interventions and non-surgical therapies will be examined. Pharmacotherapy options for OAB will be reviewed including new literature regarding anticholinergics. Upon completion of this presentation, participants will be able to describe OAB and SUI management, and when consultation should be obtained. N + E						
1C	1.0	Acute	Beating Bacteremia and Surviving Sepsis: How to do Both with Stewardship in Mind	Luke Malik, PharmD, BCIDP Kayla Marchese, PharmD	The most recent antimicrobial updates to the Surviving Sepsis guideline as well as management of bacteremia will be discussed from an antimicrobial stewardship perspective. Empiric and targeted considerations, lab and culture interpretation, and how to consider safe de-escalation will be explored. N + E						
1D	.75	Psych	Adults and ADHD...The Clinical Conundrum We Can't Ignore	Jennifer Brandt, RN, MSN, APNP	This session will focus on diagnostic criteria and evaluation of adults presenting with concerns of ADHD, pharmacologic options including side effects, dosing strategies, and monitoring and case study examples. E						
12:30 – 2:00 pm Lunch and Poster Display											
2:00 – 3:15 pm BREAKOUT SESSION 2						(each session offers 1.25 contact hours of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)					
2A	.75	Peds + Psych	Diagnosis and Treatment of Pediatric Bipolar Disorder	Tammy Baines, RN, MS, CPNP, APNP	This session will help clinicians with diagnostic clarity of pediatric bipolar disorder vs. a variety of other issues. We will discuss medication management, including important “clinical pearls”. E						
2B	.75	Women	Migraines: New Treatments and Old Tricks of the Trade	Linda Poirier, MSN, FNP-C, APNP	This session will address new treatment options in migraine therapies as well as several pearls of practice. Special attention will be given to women and their unique experience of migraine throughout the lifespan and relationship to hormones. N + E						
2C	.50	Acute	Management and Treatment of Subarachnoid Hemorrhage	Valerie Becker, DNP, ACNPC-AG Samantha Skaife, DNP, AGACNP-BC	We will work through a case of subarachnoid hemorrhage throughout the continuum of care from evaluation in PCP's office to inpatient/acute care. I will cover different treatments associated with the management of SAH including vasospasm treatment, initial therapy, hypertension management and sedation strategies, as well as discussing goals of care. N + E						
2D	1.0	PC/Gero	Chronic Kidney Disease Management with Current Updates	Chris Bakke, DNP, MSN-Admin/APN, APNP, FNP-BC, CNN-NP	This session will include a general overview of CKD assessment and management with updated guidelines/pharmacology treatment to slow the progression of CKD, AKI on top of CKD, some complications of CKD (hypertension, fluid retention, cardiovascular disease, cardiorenal syndrome, anemia, bone disorders, electrolyte abnormalities), and when to refer to Nephrology. Case studies will also be presented. N + E						
3:15 – 3:30 pm Break and Poster Display											

3:30 – 4:45 pm BREAKOUT SESSION 3						<i>(each session offers 1.25 contact hours of CE credit – choose one)</i>	
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)	
3A	.50	Peds	The Highs and Lows of Managing Children with Diabetes: A Look at Diabetic Emergencies	Meghan Furstenberg-Knauff, MSN, FNP-BC	This presentation will review diabetic emergencies including management of hypoglycemia and hyperglycemia, diabetic ketoacidosis, and Insulin Pump Failure. I will also touch briefly on the use of continuous glucose monitors and how they can be a helpful piece of technology for patients and families in the management of diabetic emergencies. N + E		
3B	.50	Women	Turn off the Gaslight: Recognizing and Managing Endometriosis	Benjamin Beran, MD	This session will review problems plaguing the care of patients with endometriosis. We will cover endometriosis etiology and symptoms. Benefits of diagnostic methods such as MRI and ultrasound will be shown, as well as covering appropriate surgical principles in the care of endometriosis. Pharmacologic topics will include hormonal and non-hormonal management of endometriosis pain, as well as common associated conditions such as central pain and musculoskeletal pain. N + E		
3C	.25	PC/Gero	Common Fractures and Treatments for the Primary Care Provider	Jeff Kobernusz, DNP, RN, ACNP-BC	Session provides an overview of common fractures that are found in primary care and urgent care settings. Review and discussion around diagnostic x-ray findings, potential management plans of care, and when to refer patients to orthopedic specialty care. Review and discuss weight bearing and activity protections for these common fractures and potential multimodal pain management. N + E		
3D	.75	Psych	Psych Jeopardy: Psychiatric Case Studies and Discussion	Jonathan Williams, DNP, PMHNP-BC Amanda Ruplinger, LMFT Maria Reiter, CAPSW, MSW Lucero Steele, MS, MFT	Will address some difficult psychiatric case studies, from Substance Use Disorders with Pregnancy, through Malignant Catatonia vs Neuroleptic Malignant Syndrome. We will be guiding the provider through diagnosis and discussion process, theory on treatment, why maybe treatment didn't work, outcomes, and connection with services. We will be providing both the therapist and the psychiatric perspective in these cases to understand the significance and wrap around care needed for many of our difficult cases. E		
4:45 – 5:45 pm Networking Reception and Poster Display in the Grand Terrace – <i>refreshments/cash bar available</i>							

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FRIDAY CONFERENCE						April 21, 2023	
7:30 – 8:15 am Registration, Networking, Breakfast, Exhibit Hall and Product Theatre I and II (7:30-8:15 am)							
8:15 – 8:30 am Welcome, Overview of Day							
8:30 – 9:45 am PLENARY SESSION 3						<i>(this session offers 1.25 contact hour of CE credit/1.0 Rx)</i>	
2023 Update on COVID-19 Therapeutics			Tristan O'Driscoll, PharmD, MPH, BCIDP - <i>System Antimicrobial Stewardship Coordinator, Aspirus Health</i>		This session provides an overview of the current recommendations for the therapeutic management of COVID-19 in the outpatient and inpatient settings. Special attention is paid to updates in the use of monoclonal antibodies and vaccines due to the currently circulating variants of concern. Treatments that are no longer recommended are highlighted. The prevalence of bacterial co-infections in COVID-19 patients is reviewed and potential stewardship approaches are offered. Finally, long COVID is discussed as a clinical entity lacking any clear treatment guidance at this time.		
9:45 – 10:15 am Break and Exhibits							
10:15 – 11:30 am BREAKOUT SESSION 4						<i>(each session offers 1.25 contact hours of CE credit – choose one)</i>	
#	Rx	Specialty	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)	
4A	.50	Peds	Viral Skin Disease – Pediatric Focus	Joree Ruiz, PA-C	This PA specializing in Pediatric Dermatology will present the most common viral skin infections; recognition and management. N + E		

4B	.50	Women + PC/Gero	The Heavy Truth About Obesity	Ben Ramirez, NP-C Amy Paulus, FNP-BC	Topics will include obesity prevalence/epidemiology; risks associated with the disease of obesity; medical weight management; treatment options/barriers to treatment; bariatrics; client education; case studies and Q&A. N + E
4C	.75	Acute	The (A), B, C's of the Viral Hepatitis	Matthew C Lambert, MD	This session will cover the diagnosis, treatment, and public health implications of hepatitis B and C, with a greater focus on the latter. Cases will be discussed as examples, with specific attention to simplified treatment algorithms, hepatitis B/hepatitis C co-infection, and HIV/hepatitis C co-infection. N + E
4D	.75	PC/Gero	Focus on Men's Health: Benign Prostatic Hypertrophy with LUTS, Erectile Dysfunction, and Prostate Cancer Screening	Bunmi Kumapayi, RN, MS, NP-BC	This session will focus on men's health issues of Benign Prostatic Hypertrophy with lower urinary tract symptoms (LUTS); Erectile Dysfunction; and Prostate Cancer Screening. We will discuss implications, risk factor reduction, and related medical therapy as indicated. Case Studies, Tips and Pearls for management will be included. N + E
4E	.75	Psych	Reefer Madness 2!!! – Return of the Mack: Exploring Uses for Medical Cannabis, and the Evidence Behind Treatment	Jonathan Williams, DNP, PMHNP-BC	Will build upon the previous discussion on cannabis ('Reefer Madness' session at 2022 Conference) to talk more about treatment that some providers use medical cannabis for. We will explore the evidence behind their use, the theory and pharmacokinetics on why it is used, effectiveness, and PEARLS of managing a patient that is on this treatment. N + E

11:30 am – 12:45 pm Lunch, Exhibit Hall, and Product Theatre III and IV (11:45-12:30)

12:45 – 2:00 pm BREAKOUT SESSION 5 *(each session offers 1.25 contact hour of CE credit – choose one)*

#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
5A	.25	Peds	Clinical Updates on Children and Adolescents with Obesity	Denise M. Kilway, DNP, RN, APNP	Will discuss the enormity of pediatric and adolescents who suffer from obesity, discuss weight bias, new AAP clinical guidelines, including treatment modalities: lifestyle changes, medication and metabolic bariatric surgery. N + E
5B	1.0	Women + PC/Gero	Updates to 2021 USPHS PrEP Treatment Guidelines	Joseph Cherabie, MD, MSc	We will go over the 2021 USPHS HIV Pre-Exposure Prophylaxis Treatment Guidelines and best practices on prescribing HIV PrEP, maintaining individuals into care, lab testing, and billing. (Remote Presentation) N + E
5C	.50	Acute + PC/Gero	HCM: The Cardiac Heavyweight. Diagnosis and Management of Hypertrophic Cardiomyopathy	Elise N Strycharske, DNP, AGACNP-BC	Overview of pathophysiology and diagnosis, including genetic screening and testing for hypertrophic cardiomyopathy. Review of physiology consequences and clinical symptoms associated with the disease process including physical exam findings, EKG and echocardiographic changes, and hemodynamic findings. Review pharmacological, pacing and surgical interventions for management of HCM, including case studies and ongoing clinical trial data. E
5D	none	Psych	In Over Your Head? Detection and Assessment of Subtle Cognitive Impairment	Shelly Komondoros, PhD	Will cover various types of cognitive impairment, the difference between incapacity and incompetence, and practical methods of assessment in diverse patient populations. In addition to this content, we will dedicate time to working through real-world cases. N + E

2:00 – 2:15 pm Break

2:15 – 3:30 pm BREAKOUT SESSION 6 *(each session offers 1.25 contact hours of CE credit – choose one)*

#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
6A	none	Peds + Psych	Preventing Adverse Childhood Experiences (ACEs) through the Introduction of Protective and Compensatory Experiences (PACEs) of Childhood	Lynn M. Murphy DNP, APRN, APNP, CPNP-PC	Trauma encountered during childhood is well known to have a negative impact on an individual's lifelong health. The behavioral and developmental effect of one's adverse childhood experiences (ACEs) have implications for parenting behaviors that can place one's own children at risk for ACEs. This session will focus on introducing you to evidence-based protective parenting interventions, that you can introduce to parents/guardians that can mitigate past negative experiences and prevent intergenerational trauma. Case examples will be included. N + E

6B	1.25	Women	Current Contraceptive Options	MaryAnne Scherer, MSN, CNM, APNP	Overview of all contraceptive options including relative and absolute contraindications. Will cover LARC methods: nexplanon and all IUD brands including timing and general method of insertion and tips for insertion. Discussion around changing methods of contraception and troubleshooting, and common patient misconceptions. N + E
6C	1.00	Acute	What Your ID Specialist Wishes You Knew	Michael T. Richardson, MS, MPAS, PA-C	Review of common antibiotic prescribing pitfalls in both the inpatient and outpatient setting- from recurrent cellulitis to bacteremia . Material will be presented in a case-based fashion building off of work-through examples to help contextualize important prescribing principles. N + E
6D	.50	PC/Gero	Pee, Poop, and the Pelvic Floor: They are not taboo subjects!	Angela Sergeant, RN, ANP-BC Sari Archer, DNP	This talk will provide review of commonly encountered female pelvic floor conditions, including urinary incontinence, pelvic organ prolapse, and accidental bowel leakage. Pharmacologic content will include medications to treat overactive bladder, the role of vaginal estrogen, and medications to treat accidental bowel leakage. N + E
3:30 – 3:45 pm Break					
3:45 – 5:00 pm PLENARY SESSION 4 (this session offers 1.25 contact hour of CE credit/ 1.0 Rx)					
Substance Use Disorders Update		Ritu Bhatnagar, MD, MPH, FASAM, DFAPA - Associate Director of Psychiatry, UW-Madison, University Health Services; President, Wisconsin Society of Addiction Medicine		Overview of the science of addiction, harm reduction approaches for the treatment of substance use disorders, updates on emerging substances of concern and treatment options.	
5:00 pm FRIDAY CONFERENCE ends – Dinner on your own					

Rx = # of pharmacology contact hours for the session

SATURDAY SKILLS DAY					April 22, 2023
7:30 – 8:15 am Registration and Breakfast					
8:15 – 10:15 am BREAKOUT SESSION 7 (each session offers 2.0 contact hours of CE credit – choose one)					
	Rx	Title	Presenter(s)	Session Description	Novice (N) or Experienced (E)
7A	.50	An Introduction to Primary Wound Closure, Principles and Practice LIMITED TO 30 ATTENDEES	Jeff Kobernusz, DNP, RN, ACNP-BC	Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration and practice of 5 wound closure and knot tying techniques. N + E <i>Completion of this class (or equivalent) is required to enroll in session 8A 'Common Dermatologic Disorders and In-Office Procedures'.</i>	
7B	2.0 for 7B/8B	Skills for Advanced Practice Nurses: IUD Insertion Workshop <i>(continued in 8B – must attend both)</i> LIMITED TO 20 ATTENDEES	Marta Staple, APNP, WHNP Anna Hendricks, BS	Long-acting reversible contraception (LARCs), including IUDs, are a safe and highly effective contraceptive option for most women. This workshop will provide participants with the most current information on the benefits, risks, possible side effects, and appropriate candidate selection for IUDs available in the US. A hands-on portion will include practicing IUD insertion and removal techniques with pelvic models and IUD insertion simulator. A case study approach will be used to review management of common side effects, complications and difficult IUD insertions and removals. N + E	

7C	.50 for 7C/8C	Basic Interpretation of the 12 Lead ECG <i>(continued in 8C – must attend both)</i>	Maureen T. Greene, PhD, RN, CNS-BC, ACNP-BC, APRN-P, CIFM Jennifer Popies, MS, RN, CCRN-K, AGACNP-BC, ACNS-BC, APNP	An interactive practicum addressing 12 Lead ECG lead placement, vector and axis deviation, left and right MI identification, bundle branch block, pericarditis and pediatric pearls. The workshops offer active practice of skills learned using the 25-page workbook provided in class. This session is for the telemetry novice with some ECG interpretation skills to experienced practitioner who wants to reach beyond their basic monitoring skills to learn a new ECG skill or refresh old skills. N + E PREREQUISITE: All participants - print, review and bring to class the 45-page course outline 'The Basics of 12-Lead ECG Interpretation' (posted on conference handouts webpage). An additional workbook will be provided in class. Novices are also encouraged to complete a basic ECG interpretation course prior to class. There are many youtube.com 12 Lead ECG Interpretation classes available online – see our list at https://bit.ly/ecg-class . We will not address dysrhythmias in class.
7D	.50	Update on Multidisciplinary Management of Osteoporosis in Adults	Kristyn Hare, MMS, CCD, PA-C	Osteoporosis clinical update, case based approach, including discussion on fracture risk assessment using FRAX tool, diagnosis with bone mineral density testing by DXA and/or clinical factors, recommended lab work up for causes of secondary osteoporosis and medication treatment for osteoporosis in adults including bone building medication for those at very high fracture risk and anti resorptive medication overview. Discussion will utilize updated guidelines from AACE and ACP. N
7E	.25	Splinting and Casting for Urgent Care and Primary Care Providers LIMITED TO 15 ATTENDEES	Allison Stache, RN, BSN, MSN, AGNP-C	Upper extremity splinting and for 5th metacarpal fractures, distal radius fractures, olecranon/ some elbow fractures. Lower extremity splinting for distal fibula fractures. This would be for a primary care/urgent care focus. I'll go into detail with padding and molding of the splint. We will have plaster and some Orthoglass options for practice. N + E
10:15-10:30 am Break				
10:30 am – 12:30 pm BREAKOUT SESSION 8 <i>(each session offers 2.0 contact hours of CE credit – choose one)</i>				
#	Rx	Title	Presenter	Session Description Novice (N) or Experienced (E)
8A	.75	Common Dermatologic Disorders and In-Office Procedures LIMITED TO 30 ATTENDEES	Sarah Kaldem, MSN, ANP-BC, DCNP	Will cover common dermatologic conditions seen in general dermatology practice, and associated in-office procedures, i.e. shave biopsies, punch biopsies, cryotherapy, cauterization, and treatment of warts, molluscum contagiosum, scabies, acne and actinic keratoses. E PREREQUISITE: Completion of session 7A 'An Introduction to Primary Wound Closure, Principles and Practice' or equivalent class prior to enrolling in this session.
8B		IUD <i>(continued from 7B)</i>		
8C		ECG <i>(continued from 7C)</i>		
8D	.50	Examination of the Shoulder, Hip and Knee for the Everyday Provider	Brian Bruno, PA-C, LAT	We will review the relevant anatomy, pathophysiology, physical exam and treatment of the most common shoulder, hip and knee injuries, including appropriate pharmacology interventions including injections. We will leave time at the end of the session for practicing hands on physical exam skills. N
8E	.50	Do You See What I See: Assessment and Treatment of Wounds LIMITED TO 40 ATTENDEES	Denise Cole-Ouzounian, MSN, APNP, CCRN, CNML	Utilizing a partially interactive format, wound assessment, diagnosis, and treatment plans of care, including pharmacologic interventions and tissue allografting will be presented. The session will include multiple case studies and pictures. N + E
12:30 pm SATURDAY SKILLS DAY ends - Lunch on your own				

