

2023 Self-Study Modules

Webpage for more information: bit.ly/ss-webpage

Link to order form: bit.ly/ss-modules

Links to the handout, video presentation, and online evaluation form are included in a separate Confirmation Email for each module purchased.

Deadline to submit evaluation of completed module(s) for CE credit: **December 31, 2024**

Module #	Title	Contact Hours Rx CH	Presenter	Session Description
1	Adults and ADHD...The Clinical Conundrum We Can't Ignore	1.00 .75	Jennifer Brandt, RN, MSN, APNP <i>PMH Nurse Practitioner, Group Health Cooperative; Psychiatric Mental Health NP Program Co-Director, Edgewood College</i>	<p>Focuses on diagnostic criteria and evaluation of adults presenting with concerns of ADHD, pharmacologic options including side effects, dosing strategies, and monitoring and case study examples. Presentation objectives:</p> <ul style="list-style-type: none"> • Identify DSM 5 Criteria to diagnose ADHD in adult patients • Identify important components of an ADHD evaluation with adult patients • Identify risks/ impairments associated with untreated ADHD in adults • Review current best practices for treatment of ADHD in adults • Identify treatment options including both pharmacologic and non-pharmacologic • Identify pharmacologic treatment options used to treat adults with ADHD including risks, benefits and side effects and monitoring medications
2	Diagnosis and Treatment of Pediatric Bipolar Disorder	1.25 .75	Tammy Baines, RN, MS, CPNP, APNP <i>Nurse Practitioner – Behavioral Health, ProHealth Care</i>	<p>This session will help clinicians with diagnostic clarity of pediatric bipolar disorder vs. a variety of other issues. Discusses medication management, including important 'clinical pearls'. Participants will:</p> <ul style="list-style-type: none"> • Understand diagnostic criteria of bipolar 1 and 2 (BPD) <ul style="list-style-type: none"> • Delineate differences in pediatric vs adult presentations • Differentiate BPD from other psychiatric disorders <ul style="list-style-type: none"> • Discuss common comorbidities • Discuss best practices for medication management of BPD with focus on pros and cons • Outline important teaching points for patients and families • Emerge with a greater understanding of this difficult disorder
3	What Your ID Specialist Wishes You Knew	1.25 1.00	Michael T. Richardson, MS, MPAS, PA-C <i>Infectious Disease Physician Assistant, Department of Medicine - University of Wisconsin-Madison</i>	<p>Review of common antibiotic prescribing pitfalls in both the inpatient and outpatient setting- from recurrent cellulitis to bacteremia . Material will be presented in a case-based fashion building off of work-through examples to help contextualize important prescribing principles. Presentation outline:</p> <ul style="list-style-type: none"> • Review of easily correctable management issues I see as an inpatient ID consultant • Overview of the major antimicrobial drug classes in first few cases • Outpatient case review: Atypical pneumonia, Cephalexin prescribing, & Penicillin Allergies • Inpatient case review: Staph bacteremia, Intra-abdominal infections, & Nosocomial UTIs

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4	Migraines: New Treatments and Old Tricks of the Trade	1.25 .75	Linda Poirier, MSN, FNP-C, APNP <i>Family Nurse Practitioner and Clinic Owner, Willow Creek Women's Clinic</i>	Addresses new treatment options in migraine therapies as well as several pearls of practice. Special attention will be given to women and their unique experience of migraine throughout the lifespan and relationship to hormones. Participant will be able to: <ul style="list-style-type: none"> • Explain the multiple mechanisms of migraine initiation, progression, and resolution. • Identify the role of a migraine "tool kit" in treatment plans. • Discuss the unique experience of migraine disease in women.
5	Focus on Men's Health: Benign Prostatic Hypertrophy with LUTS, Erectile Dysfunction, and Prostate Cancer Screening	1.25 .75	Bunmi Kumapayi, RN, MS, NP-BC <i>Nurse Practitioner, UW Health - UW Medical Foundation</i>	Focuses on men's health issues of Benign Prostatic Hypertrophy with lower urinary tract symptoms (LUTS); Erectile Dysfunction; and Prostate Cancer Screening. We will discuss implications, risk factor reduction, and related medical therapy as indicated. Case studies, tips and pearls for management are included. Participants will be able to: <ul style="list-style-type: none"> • Recognize lower urinary tract symptoms (LUTS) associated with Benign Prostatic Hypertrophy • Understand treatment options • Understand when symptoms warrant intervention and/or further evaluation • Identify men at risk for postoperative urinary retention