

29th Annual Correctional Health Care Conference

THURSDAY, MAY 9

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| 9:00 – 9:45 AM | NETWORKING BREAKFAST AND REGISTRATION | |
| 9:45 – 10:15 AM | WELCOME, OPENING REMARKS, AND OVERVIEW OF PROGRAM <ul style="list-style-type: none"> • Sarah Cooper – Administrator, Division of Adult Institutions, WI Department of Corrections • Eric Severson – Waukesha County Sheriff • Hannah Utter, MSN, RN, CCHP – Director of Nursing, Bureau of Health Services, WI Department of Corrections | |
| 10:15 – 11:30 AM | PLENARY 1 | |
| | Preparation for Your Man-Down Drill Learn the fine details of preparing, conducting, reviewing, and improving your Man Down drills. This session will provide you and your team with itemized lists to better prepare your drill and the tools needed for a well written critique. This session will also provide video review of actual drills performed. | Chris McMahon, RN, BSN – <i>Nurse Educator, Wisconsin Department of Corrections</i> |
| 11:30 AM – 12:30 PM | LUNCH | |
| 12:30 – 2:00 PM | PLENARY 2 | |
| | I Don't See Color – Real Tools for Becoming a More Culturally Responsive Clinician Recognizing and appreciating the differences among the individuals you treat is only the first step in a long journey to becoming a more culturally responsive clinician. For far too long, the topic of race in healthcare settings has been swept under the rug, ignored and forgotten. While a substantial majority of service providers identify as White, the communities they serve, particularly within the criminal justice system, typically represent a far more diverse segment of the population. Social justice movements in response to highly publicized events over the past several years have brought topics such as systemic racism, mass incarceration, intergenerational racial trauma and social injustices to the forefront of our consciousness once again. The types of discussions playing out on traditional and social media and in our homes and workplaces are also occurring in our individual and group treatment settings. Given that social, health and economic disparities contribute an added level of stress and vulnerability to addiction and mental illness among communities of color, it is imperative that clinicians have sufficient awareness, knowledge, and skills to respond to these concerns when they come up in treatment. This workshop will not only provide an overview of the history of racism and discrimination in health care, but it will leave you with real action steps and tools you can use to become a more culturally responsive clinician. | Venesha Harden, CSAC, ICS <i>– Substance Use Disorder Clinical Coordinator, Wisconsin Resource Center</i> <i>“In this country, American means white. Everybody else has to hyphenate.”</i> <i>Toni Morrison</i> |
| 2:00 – 2:15 PM | BREAK | |
| 2:15 – 3:30 PM | BREAKOUT SESSION | |
| | A Wound Care Assessment and Treatment Going beyond the basics for wounds we see in corrections, including self-harm injuries, care and treatment from emergency care with basic first aid, stop the bleed, and hands on skills. | Holly Gunderson, RN, BSN, CCHP – <i>Assistant Director of Nursing, Wisconsin Department of Corrections</i> |
| | B Leveling Up Your Documentation and Dream Teaming with Security Want to improve your documentation and be a “Champion” with your skill? You already know the basics of charting, now take the next step. Learn to be a site resource with your skills, not only with your health team but your security counterparts. This learning environment is meant for health staff and security. Let’s team up and take documentation to the next level. You’ll also learn the proper steps and actions to file a concern with the Wisconsin Board of Nursing. | Chris McMahon, RN, BSN – <i>Nurse Educator, Wisconsin Department of Corrections</i> Robert Weinman, RN, CCHP – <i>Bureau of Health Services Assistant Director of Nursing, Wisconsin Department of Corrections and Chair,</i> |

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| | C | Assessments and common complaints - where do you start? Review of symptoms, head to toe assessments, and the application to presenting complaints. Discussion will include 'red flags' for decision-making pertaining to interventions. | Lora Blasius, FNP – Nurse Practitioner, Wisconsin Department of Corrections (Retired) |
| CANCELLED | D | CANCELLED -- Tips for Triaging Shoulder, Knee, Back, and Ankle Pain We will look at simple signs and symptoms that will help guide disposition of shoulder, knee, back, and ankle pain. | Ed Neisner, PT – Physical Therapist, Wisconsin Department of Corrections (Retired) |
| | E | Mental Health Management in the Correctional Environment Mental health plays a critical role in corrections. Over the past few years, the amount of mentally ill and cognitively delayed individuals that have been incarcerated has increased. Additionally, health service staff deal with a number of challenging behaviors, including suicidal behavior/non-suicidal self-injury. This breakout session will explore non-suicidal self-injury and severe mental illness, as well as management strategies to use with challenging clients. | Dr. Torria Van Buren, PsyD – Psychologist Supervisor, Wisconsin Department of Corrections, Waupun Correctional Institution |
| 3:30 – 3:45 PM | BREAK | | |
| 3:45 – 5:00 PM | PLENARY 3 | | |
| | | Legal Update in Correctional Health Care Assistant Attorney General Kevin Grzebielski will walk through the lifecycle of a lawsuit against a correctional healthcare provider. He will also discuss the common themes in such lawsuits, discuss examples of actions that led to lawsuits, and provide tips for how to be prepared if you are sued. | Kevin Grzebielski – Wisconsin Assistant Attorney General, Wisconsin Department of Justice |
| Please join us after Plenary 3 at Didi's Supper Club (at The Ingleside) for an informal social gathering until 6 PM. Food and bar service will be available for purchase. | | | |

29th Annual Correctional Health Care Conference

FRIDAY, MAY 10

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| 7:45 – 8:30 AM | NETWORKING BREAKFAST | | |
| 8:30 – 8:45 AM | OPENING REMARKS | | |
| 8:45 – 10:00 AM | PLENARY 4 | | |
| | | How to: Communication Communication is a critical piece of, if not all, then the vast majority of our lives. It's one of the very first skills we learn as little tiny humans and it's something we continue to study and improve over time. Interestingly, however, it's probably one of the areas where we run into the most frequent issues – especially when we consider just how sideways communication can go. This session will review three components of communication, discuss strategies for overcoming communication breakdowns, and participants will share a personal commitment to improving their communication. | Tracie Ruether – Staff Development Program Specialist-Senior, Corrections Training Center |
| 10:00 – 10:30 AM | BREAK | | |
| 10:30 – 11:45 AM | PLENARY 5 | | |
| | | Team Building <i>A team is defined as:</i> two or more people organized to work together interdependently and cooperatively to meet the needs of their organization. You are likely part of multiple teams at your worksite and beyond. Learning how to work well together is one of the best ways to improve productivity and morale for team members. It can also help coworkers figure out how to solve everyday workplace issues and address department needs. | Tracie Ruether – Staff Development Program Specialist-Senior, Corrections Training Center |
| 11:45 AM – 12:45 PM | LUNCH | | |

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| 12:45 – 2:00 PM | PLENARY 6 | |
| | <p>Hunger Strikes: How to Manage Them and the Why This presentation will provide insight into ways to manage hunger strikes and the ‘why’ behind hunger strike.</p> | <p>Alana Acker, BSN, RN – <i>Health Services Manager, Columbia Correctional Institution, WI Department of Corrections </i> Jennifer Wollert, BSN, RN – <i>Nursing Supervisor and Institution Unit Supervisor (IUS) for A2-Nurse Managed Unit, Wisconsin Resource Center, Department of Health Services</i></p> |
| 2:00 – 2:15 PM | BREAK | |
| 2:15 – 4:00 PM | PLENARY 7 | |
| | <p>Building Healthy Relationships in a Correctional Setting Building Healthy Relationships strives to prevent interactions from becoming incidents, provides the information that builds a dynamic framework for these relationships, and extends that framework to all the stakeholders in the organization. Using two of the core models, Maslow’s Hierarchy of Needs and The Crisis Cycle to develop core competencies among staff to assess the needs of individuals, determine which needs are unmet and may cause escalation to occur, and develop strategies to invite people to de-escalate to not only maintain, but also build relationships.</p> | <p>Kyle Hoff – <i>Compliance and Quality Improvement Manager, Division of Juvenile Corrections, WI Department of Corrections, Lincoln Hills School</i></p> |
| 4:00 PM | CLOSE OF CONFERENCE | |