

Save the Date 38TH ANNUAL
**APRN PHARMACOLOGY
 & CLINICAL UPDATE**

**APR
 18-20
 2024**

**MONONA TERRACE
 MADISON, WI**



NURSE PRACTITIONER FORUM

2024 Conference Registration Fees

	Regular Rate	WNA Member	APRN Student*
BOTH Conference Days (Thursday & Friday)	\$400	\$320	\$275
Thursday Conference only	\$240	\$195	\$170
Friday Conference only	\$240	\$195	\$170
Saturday Skills Day	\$200	\$160	\$130
BOTH Conference Days + Saturday Skills Day (all 3 days)	\$575	\$450	\$390

* **APRN Student** = RN enrolled for first time in an APRN program

LINK TO ONLINE REGISTRATION FORM:

<https://www.wisconsinnurses.org/aprn-registration/>

Registration deadline: April 8

WNA reserves the right to substitute faculty when necessary and cancel classes that do not meet minimum registration requirements. Every effort will be made to notify registrants of such changes at least 2 weeks prior to start of conference and accommodate alternate session choices when possible.

← New this year!

CONFERENCE and SKILLS DAY Schedules (FINAL)

Rx = # of pharmacology contact hours for the session

THURSDAY CONFERENCE		April 18, 2024
7:30 – 8:30 am	Registration, Breakfast and Poster Display set up in Grand Terrace	
8:00 am – 5:15 pm	APRN Research Poster Display – Juried display of APRN and APRN student research posters on Thursday only (0.75 contact hour CE credit for visiting displays)	
8:30 – 9:30 am	PLENARY SESSION 1 (this session offers 1.0 contact hour of CE credit/ no Rx)	
Federal and State APRN Policy Initiatives: What's on the Horizon and What's in the Past	Gina Dennik-Champion, RN, MSN, MSHA - Executive Director, Wisconsin Nurses Association Peter Welch, MA – Managing Partner and EVP, The Welch Group Tina Bettin, DNP, MSN, RN, FNP-BC, APNP, FAANP President, WNA NP Forum; Family Nurse Practitioner/Provider Lead New London Call Group, ThedaCare	We begin with a big WELCOME to our Conference and an overview of the days ahead. The presenters will provide an update on key state and federal legislation and regulation that impacts APRN practice including the APRN Modernization Act. Other information will include thoughts on future legislation and initiatives.

9:30 – 9:45 am Break and Poster Display					
9:45 - 11:00 am BREAKOUT SESSION 1 <i>(each session offers 1.25 contact hours of CE credit – choose one)</i>					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
1A	1.0	Peds	Optimizing Pediatric Migraine Care: Pharmacological Approaches	Krista M. Diiorio, MSN, RN, CPNP-AC <i>Pediatric Nurse Practitioner (Child Neurology), Children's Wisconsin/MCW</i>	An overview of prophylactic and abortive medications available for the management of pediatric migraine, including the emerging use of calcitonin gene related peptide (CGRP) monoclonal antibodies in the pediatric population. N + E
1B	.25	Women	What's in a PAP? The In's and Out's of Cervical Cancer Screening Guidelines	Brittany Froeming, MSN, CNM, APNP <i>Certified Nurse Midwife, Marshfield Medical Center Beaver Dam - Women's Health</i>	This session will cover guidelines for cervical cancer screening. We will discuss current recommendations regarding who should be screened, when they should be screened, how they should be screened, and what next steps to take when abnormal results are returned. There will be a brief discussion of pharmacological treatment of certain results. Case examples will be provided to further participant understanding and promote real-life application of the material presented. N
1C	.75	Acute	HTN Urgency and Resistance: Current Trends, Guideline Updates & Treatments	Fahad Aziz, MD, FASN - Associate Professor of Medicine, University of Wisconsin School of Medicine	Will begin with understanding what hypertensive urgency is and how to distinguish it from hypertensive emergency. Will then cover evaluating end-organ damage from hypertensive urgency, a stepwise approach to the management of hypertensive urgency, and an overview of the classes of anti-hypertensive medications. Cases will be included for better understanding of the approach to hypertensive urgency. N + E
1D	1.25	PC/Gero	Evidence-based Care for Transgender and Gender Diverse People: Updates on Gender Affirming Hormone Therapy	Linda Wesp, PhD, MSN, APNP, RN, FNP-C, AAHIVS - Assistant Professor, University of Wisconsin-Milwaukee School of Nursing	Join us for an informative session on the latest advancements in Gender Affirming Hormone Therapy (GAHT) prescribing across the lifespan. This session will delve into the most up-to-date evidence-based guidelines for the prescription of puberty suppression medications, feminizing hormone therapy, and masculinizing hormone therapy. Through the analysis of diverse patient cases, we will explore key topics such as GAHT goal management, laboratory monitoring, identification and management of adverse effects, and special considerations. Attendees will leave equipped with the essential knowledge needed to deliver culturally sensitive and comprehensive care to transgender and gender-diverse individuals. N + E
1E	.50	Psych	Bipolar Disorder: Diagnostic Clarification & Treatment Options	Aeron Adams, DNP, PMHNP-BC, APNP <i>Clinical Assistant Professor, University of Wisconsin - Madison</i>	Bipolar Disorder is said to be both underdiagnosed and overdiagnosed. How can this be? This presentation aims to clarify this clinical challenge by reviewing the history of the disorder and examining common diagnostic differentials. Case studies and treatment options will also be covered. N + E
11:00 – 11:15 am Break and Poster Display					
11:15 am – 12:30 pm BREAKOUT SESSION 2 <i>(each session offers 1.25 contact hours of CE credit – choose one)</i>					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
2A	.75	Peds	The Management of STI's in Pediatric and Adolescent Patients	Lauren Frank, RN, MSN, CPNP-PC – PNP <i>with Child Advocacy Department, Children's Wisconsin</i> Judy Walczak, RN, MSN, CPNP-PC - PNP <i>with Child Advocacy and Protection Services, Children's Wisconsin</i>	The CDC announced official updated treatment recommendations for STI's in 2021. This presentation will focus on STI treatment updates focusing on children and adolescents. The presentation will provide information regarding the most prevalent STI's seen in practice, outline the changes in treatment recommendations per the CDC, explore rationales for treatment changes/modifications, review alternate treatment options, and discuss STI's in relation to child sexual abuse. N + E
2B	1.00	Women + Psych	Postpartum Depression : A review of Current and New Drug Therapies	Cindy Stippich, CNM, MSN, FACNM <i>Certified Nurse Midwife, Marshfield Medical Center-Beaver Dam</i>	Review of definitions, screening tools, and current guidelines for postpartum depression screening in the clinic setting. Will cover the current therapies depending on the results of various screening tools, including new therapies such as zuanolone. Other therapies and self-care techniques will also be addressed. N + E

2C	.50	Acute	Prevention, Treatment & Long-term Medical and Surgical Management of Nephrolithiasis	Kristin Doerfer, MSN, BSN, BS, RN, FNP-BC - Nurse Practitioner; APP supervisor Department of Urology, UW Health	Session will address what the primary care & acute care provider should know regarding nephrolithiasis. Brief background in the management and evaluation for kidney stones. Will then discuss the metabolic workup for recurrent nephrolithiasis as well as the medications for prevention for kidney stones. We will also discuss the surgical management for kidney stones and what to expect pre-operatively and post-operatively. N + E
2D	1.0	PC/Gero	Evaluation and Management of Thyroid Nodules	Iftikhar A. Malik, MD, ECNU, FACE, FEAA Head of Endocrine Department, Fox Valley Surgical Specialists	This session will detail the diagnostic work up on thyroid nodules, the various tests (lab and imaging) needed for the workup, and evaluation of the results. It will provide pharmacological interventions if indicated. Information as to when to refer will also be included. N + E
12:30 – 2:00 pm Lunch and Poster Display					
2:00 – 3:15 pm BREAKOUT SESSION 3 (each session offers 1.25 contact hours of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
3A	.50	Peds	“Is this going to be on the final?” Managing College Health Issues	Daniel Shapiro, PA-C - Physician Assistant – Primary Care/College Health, UW-Madison – University Health Services	We will cover screening, immunization recommendations, and management/pharmacologic treatment of a variety of College Health-specific ailments including: dermatological conditions (acne, warts); respiratory and musculoskeletal conditions unique to this population; various sexual health diseases; mental health and the intersection with physical health conditions; alcohol and other drug use concerns; common GI diseases; eating disorders; and lifelong diseases that may first appear during these years (Type-1 diabetes, Crohn's, cancer). Case studies and question time will be included. N + E
3B	1.0	Women	Hormone Replacement Therapy: Navigating the Gray to Support Women During the Perimenopausal/ Menopausal Period	Natalie Ross, DNP, FNP-BC, APRN, RN Nurse Practitioner, Marshfield Medical Center Beaver Dam Women's Health	This interactive session will review the history of hormone replacement therapy including past and present treatment guidelines, examine indications for use, and discuss risks, benefits, and alternative therapies. Participants will work through patient case scenarios and apply current evidence to guide clinical decision making. This course aims to provide newer/novice practitioners with practice pearls and resources that can help them begin to navigate the gray areas associated with caring for women during the menopausal transition. N
3C	.75	Acute	Perioperative Neurocognitive Disorder (PND) and Inpatient Management of Delirium	Carrie Bennett, DNP, RN, APNP, GCNS-BC Clinical Nurse Specialist -Geriatrics, UnityPoint Health – Meriter Hospital; Clinical Assistant Professor, UW-Madison School of Nursing	This presentation will cover risk factors for and prevention, identification, and management of delirium. Particular focus on Perioperative Neurocognitive Disorder (PND) and associated best practice recommendations, including pharmacologic interventions during pre-op through hospital discharge will be discussed in detail. Delirium as a geriatric syndrome and its impact on other geriatric syndromes will also be discussed. Participants will have the opportunity to apply learnings to case studies throughout the presentation. N + E
3D	.25	PC/Gero	Colorectal Cancer Screening Update	Noelle LoConte, MD, FASCO - Associate Professor, University of Wisconsin; Medical Oncologist, UWHealth	Review the data supporting cancer screening, end enumerate the pros and cons of the variety of colorectal cancer screening options, barrier to screening and areas for improvement. N
3E	.75	Psych	The Future of Depression Care: Exploring Psychedelics	Jonathan Williams, DNP, PMHNP-BC, CCRN - Psychiatric Nurse Practitioner, UW Health; Nurse Supervisor for Psychiatric APPs, Meriter UnityPoint	We will describe the shortcomings of existing, chronic, monoaminergic-based treatments for depression. We will explain the mechanism of action of rapid acting agents: glutamatergic, GABAergic, and 5HTA agonist treatments for depression, focusing on psychedelics and 5HTA agonism. We will also outline some of the research behind the psychedelic agents, as well as side effects and contraindications. N + E
3:15 – 3:30 pm Break and Poster Display					
3:30 – 4:45 pm PLENARY SESSION 2 (this session offers 1.25 contact hour of CE credit/1.25 Rx)					
Your best shot: An Immunization Update			Mary S. Hayney, PharmD, MPH - Professor of Pharmacy (CHS), University of Wisconsin-Madison School of Pharmacy		This session will provide an update on childhood and adult immunization with an emphasis on recently licensed vaccines. This presentation will emphasize the value of immunization for the individual and society and include considerations for special populations—the elderly, immunocompromised, pregnant. Some clinical cases will be included to design immunization strategies for patients.
4:45 – 5:15 pm Poster Display available – THURSDAY CONFERENCE ends – dinner on your own					

FRIDAY CONFERENCE					April 19, 2024
7:30 – 8:15 am Registration, Breakfast, Exhibit Hall and Product Theatre (7:30-8:15 am Phathom Pharmaceuticals / Teva Pharmaceuticals)					
8:15 – 8:30 am Welcome, Overview of Day, Announce Raffle Winners (in the Breakfast area)					
8:30 – 9:45 am PLENARY SESSION 3 <i>(this session offers 1.25 contact hour of CE credit/no Rx)</i>					
KEYNOTE PRESENTATION Surviving to Thriving: Extreme Self-Care for Chaos-Ready NPs		Eileen T. O’Grady PhD, RN, NP-BC – Founder, The School of Wellness https://www.eileenogrady.net/		A review of the science of wellbeing and human flourishing will lay the groundwork for resourcing the over-deployed Nurse Practitioner. Evidence-based tools such as boundary-setting, habit science and living your priorities will build your own capacity. Strategies will be introduced to reduce the stress response, navigate complexity and anchor leadership capacity to one’s own wellbeing. Join us for this lively, supportive talk on why and how to place your own wellbeing at the center of your life.	
9:45 – 10:15 am Break and Exhibit Hall					
10:15 – 11:30 am BREAKOUT SESSION 4 <i>(each session offers 1.25 contact hours of CE credit – choose one)</i>					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
4A	1.0	Peds	Pharmacotherapy in Pediatric Obesity	Alison Coren, MD - Assistant Professor of Pediatrics, Medical College of Wisconsin	This session will discuss the 2023 consensus recommendations from the American Academy of Pediatrics for the evaluation and management of children and adolescents with obesity. It will focus on pharmacotherapy, including mechanism of action, efficacy, side effect monitoring, and cost of medications used for weight management in youth. Cases will also be presented as a demonstration of agent selection. N + E
4B	1.0	Women	Contraceptive Update: Full-Spectrum Options Counseling for Teens and Young Adults	Elizabeth Hovel, MD, MPH – Adolescent Medical Fellow, Medical College of Wisconsin Kelli Corrao, MD - Adolescent Medicine Fellow, Children’s Wisconsin/Medical College of Wisconsin	This session will include a review of all contraceptive methods, from oral contraceptive pills to intrauterine devices to emergency contraception. We will focus on each method’s mechanism of action and review potential (positive or negative) medication and disease interactions so that you can better tailor counseling to each patient. We will also discuss how to provide options counseling with a reproductive justice lens. N + E
4C	none		Elevate your Conversations	Eileen T. O’Grady, PhD, RN, NP-BC Founder, The School of Wellness	Review the principles of coaching and how it differs from education and guiding. Learn how to have deeper, more transformative conversations with your patients by adopting a coaching mindset. An experienced nurse practitioner and certified coach will show you how you can unlock potential and change by using coaching techniques to help build more capacity for change in others. N + E
4D	.50	Acute + PC/Gero	Lyme Disease: Best Practice	Matt Hall, MD - Infectious Disease Consultant, Marshfield Clinic Health System	Using a case- based format, the presenter will review the distinctive manifestations of Lyme Disease, the evaluation of patients suspected of having Lyme Disease including appropriate use of diagnostic tests, and then finish with the pharmacotherapeutic management of Lyme Disease. N + E
4E	none	Psych	Occupational Therapy - More than Just Fine Motor Skills	Michaela Yopps, MS, OTR/L - Clinical Director and Occupational Therapist, Common Threads	This presentation will provide a thorough overview of the scope and process of Occupational Therapy. Often under-utilized or misunderstood, Occupational Therapists provide services across many settings and all populations including those with mental health diagnosis. Attendees will leave with an understanding of “occupation” as it relates to patient care, the wide variety of therapeutic modalities used by OTs, and how inclusion of this profession in a multi-disciplinary care model can positively impact physical and mental health outcomes. N + E
11:30 am – 12:45 pm Lunch, Exhibit Hall, and Product Theatre (11:45-12:30 Alexion Pharmaceuticals / Provention Bio, a Sanofi Company)					

12:45 – 2:00 pm BREAKOUT SESSION 5 (each session offers 1.25 contact hour of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
5A	1.25	Peds	Update on Pediatric Immunizations	Amanda Kotowski, DNP, RN, CPNP-PC/AC, CLC - Nurse Practitioner – Primary Care, Children’s Wisconsin	I will start with a review of the basic mechanism of vaccines and move on to discuss 1) the Recommended Child & Adolescent Immunization Schedule including current adherence rates; 2) updates on child & adolescent vaccines, including vaccines for COVID, RSV as well as updates for Streptococcus pneumoniae protection; and 3) vaccine hesitancy in the pediatric population. N + E
5B	1.25	Women	Probiotic Interventions to reduce Antenatal GBS Colonization: evidence and application to APRN practice	Lisa Hanson, PhD, CNM, FACNM, FAAN Klein Professor of Women’s Health Research and Associate Director Midwifery Program, Marquette University - College of Nursing	The session will start with general considerations for nutritional supplement use during pregnancy. Will then focus on probiotics: their mechanisms of action, safety of use during pregnancy, intrapartum use in antibiotic prophylaxis to prevent early onset GBS neonatal disease - including unintended consequences for the birthgiver and neonate. Will present a meta-analysis of in vitro and clinical trials, clinical trial outcomes, and the clinical application of available evidence. N + E
5C	.25	Acute	A Practical Approach to Anemia	Cate Ranheim, MD, MMM - Chief Medical Officer (interim), UnityPoint Health. Erik A Ranheim, MD, PhD - Professor and Chair, Dept. of Pathology and Laboratory Medicine, UW School of Medicine and Public Health	We will provide a simple and practical framework to working up causes of anemia using laboratory data and microscopic findings to help providers efficiently and accurately assess the anemic patient without excessive laboratory testing. We will briefly cover strategies for supplemental iron therapy for patients with iron deficiency anemia. N + E
5D	.75	PC/Gero	Treating Painful Diabetic Neuropathy, including HF10 Stimulation	Jeffrey Quintana, MD - Physician, Innovative Pain Care LLC	This session will start with an overview of the mechanisms of action, risks and benefits of medications to treat painful diabetic neuropathy. Will then present alternative neurological treatments including traditional low-frequency spinal cord stimulation (SCS) and novel high frequency 10 kHz spinal cord stimulation (HF10/HFX). N + E
5E	1.0	Psych	Cannabis - An Added Twist to Healthcare and Patient Autonomy	Jesse Christianson, BSN, RN, DNP Student – Graduate Student, University of Wisconsin-Madison School of Nursing	This presentation will cover cannabis basics, including proper terminology and the endocannabinoid system. Additionally, I will address the legality, stigma, knowledge deficits on use and side effects, and misinformation surrounding both cannabidiol (CBD) and tetrahydrocannabinol (THC) to enhance communication between clinicians and consumers. N
2:00 – 2:15 pm Break					
2:15 – 3:30 pm BREAKOUT SESSION 6 (each session offers 1.25 contact hours of CE credit – choose one)					
#	Rx	Specialty	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
6A	1.25	Peds + Psych	Pharmacologic Management of Pediatric Anxiety and Depression	Jason Ipsarides, DNP, PMHNP-BC Assistant Professor – Child/Adolescent Psychiatry, Medical College of Wisconsin	This session will cover: Pathophysiology of Depression – Pathophysiology of Anxiety – Assessment of Depression – Assessment of Anxiety – Mechanism of Action and Side Effects of SSRIs and SNRIs – Specifics of Prescribing SSRIs and SNRIs – Specifics of Prescribing other Antidepressants/Anxiolytics – Managing Medication Side Effects – Important Patient Teaching – Case Studies and time for Q&A. E
6B	1.25	Women + PC/Gero	Diabetes: From Recognition to Remedy and Restoration	Mary Beck Metzger, DNP, FNP-BC, APNP - Family Nurse Practitioner, Rock River Community Clinic	We will discuss the pathophysiology of insulin resistance and hyperinsulinemia, and what clinical syndromes this can cause, discussing case studies of a variety of clinical problems. We will discuss diagnosis, various treatment methodologies including lifestyle modification, medications and therapeutic modalities to change the trajectory of these diseases. E
6C	.75	PC/Gero + Acute	Clinical Updates in Gastroenterology	Marc Kennedy, MD - Staff Physician, Advocate Health	We will discuss updated treatments in digestive diseases that are becoming increasingly common and are having major impacts on global health. E
3:30 – 3:45 pm Break					

3:45 – 5:00 pm PLENARY SESSION 4 <i>(this session offers 1.25 contact hour of CE credit/1.0 Rx)</i>		
You want me to do what?!?!? Managing Psychotropic Medications in Primary Care	Jennifer Fiegel-Newlon, DNP, PMHNP-BC, FNP-BC, APNP <i>Clinical Associate Professor, UW-Madison, School of Nursing; Psych Mental Health Nurse Practitioner, Reedsburg Area Medical Center</i>	Let's dive into the myths and realities of managing psychotropic medications in primary care, with exploration of antidepressants, anxiolytics, and the dreaded antipsychotics. We will discuss initiation, titration, and management of patients who may or may not have additional psychiatric support in place. We will work through case studies detailing management options and finally put to rest some of the myths surrounding prescribing for patients with mental illness.
5:00 pm FRIDAY CONFERENCE ends – Dinner on your own		

Rx = # of pharmacology contact hours for the session

SATURDAY SKILLS DAY				April 20, 2024
7:30 – 8:00 am Registration and Breakfast				
8:00 – 10:00 am BREAKOUT SESSION 7 <i>(each session offers 2.0 contact hours of CE credit – choose one)</i>				
	Rx	Title	Presenter(s)	Session Description Novice (N) or Experienced (E)
7A	.50	An Introduction to Primary Wound Closure, Principles and Practice LIMITED TO 30 ATTENDEES	Jeff Kobernusz, DNP, RN, ACNP-BC <i>Orthopedic NP, University of Wisconsin School of Medicine and Public Health; DNP Faculty, UW-Madison School of Nursing</i>	Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration, and practice of 5 wound closure and knot tying techniques. N + E <i>Completion of this class (or equivalent) is required to enroll in session 8A 'Common Dermatologic Disorders and In-Office Procedures'.</i>
7B	.50 <i>for 7B/8B</i>	Basic Interpretation of the 12 Lead ECG	Jennifer Popies, MS, RN, CCRN-K, AGACNP-BC, ACNS-BC, APNP <i>Clinical Nurse Specialist – CVICU, Ethics, and Transitions of Care, Froedtert & the Medical College of Wisconsin</i> Staria Brickner, MSN, RN, APNP, FNP-BC, CCRN <i>Advanced Practice Provider- Critical Care Anesthesiology, Medical College of Wisconsin</i>	An interactive practicum addressing 12 Lead ECG lead placement, vector and axis deviation, left and right MI identification, bundle branch block, pericarditis and pediatric pearls. The workshops offer active practice of skills learned using the workbook provided in class. This session is for the telemetry novice with some ECG interpretation skills to experienced practitioner who wants to reach beyond their basic monitoring skills to learn a new ECG skill or refresh old skills. N + E PREREQUISITE: <i>All participants - print, review and bring to class the 45-page course outline 'The Basics of 12-Lead ECG Interpretation' (posted on conference handouts webpage). An additional workbook will be provided in class. Novices are also encouraged to complete a basic ECG interpretation course prior to class. There are many youtube.com 12 Lead ECG Interpretation classes available online. We will not address dysrhythmias in class.</i>
7C	1.50	Day-to-day Diabetes management in Family Practice.... Don't be scared!	Jean Roedl, APRN, FNP-BC <i>Family Nurse Practitioner and Director of Medical Clinic, St Croix Chippewa Indians of Wisconsin</i>	Participants will be encouraged to bring case study from their own practice. Presenter will also have case studies for everyone to interact with during the presentation to help with day-to-day management of diabetes, with an emphasis on medical options. N
7D	<i>none</i>	Intro to Chest Radiographs: Basics, Pearls, and Pitfalls	Maria Daniela Martin Rother, MD <i>Associate Professor and Director of Diversity and Inclusion, Department of Radiology at UW-Madison</i>	This is a case-based chest radiograph lecture that covers common diagnosis seen in clinical practice including acute and chronic infection, edema, vascular disease, atelectasis, non-resolving consolidation, and lung malignancy. At the end of the lecture, attendees will be able to: - Discuss how technical factors affect chest radiograph interpretation. - Recognize how the clinical history in an order affects chest radiograph interpretation. - List evidence-based guidelines to make appropriate imaging decision for specific clinical conditions. - Understand how a multidisciplinary approach is imperative to offer our patients the best outcome. N + E

7E	.25	Splinting for Urgent Care and Primary Care Providers LIMITED TO 15 ATTENDEES	Allison Stache RN, BSN, MSN, AGNP-C - Orthopedic Nurse Practitioner, TheDACare	Upper extremity splinting and for 5th metacarpal fractures, distal radius fractures, olecranon/ some elbow fractures. Lower extremity splinting for distal fibula fractures. This would be for a primary care/urgent care focus. I'll go into detail with padding and molding of the splint. We will have plaster and some Orthoglass options for practice. N + E
10:00-10:15 am Break				
10:15 am – 12:15 pm BREAKOUT SESSION 8 (each session offers 2.0 contact hours of CE credit – choose one)				
#	Rx	Title	Presenter	Session Description Novice (N) or Experienced (E)
8A	.75	Common Dermatologic Disorders and In-Office Procedures LIMITED TO 30 ATTENDEES	Sarah Kaldem, MSN, ANP-BC, DCNP Dermatology Certified Nurse Practitioner, Advocate Aurora Health Care	Will cover common dermatologic conditions seen in general dermatology practice, and associated in-office procedures, i.e. shave biopsies, punch biopsies, cryotherapy, cauterization, and treatment of warts, molluscum contagiosum, scabies, acne and actinic keratoses. E PREREQUISITE: Completion of session 7A 'An Introduction to Primary Wound Closure, Principles and Practice' or equivalent class prior to enrolling in this session.
8B		ECG (continued from 7B)		
8C	2.0	Striking a Balance: Understanding Pain Management & Opioids	Theresa (Tracey) Mallick-Searle, MS, PMGT-BC - Adult Nurse Practitioner, Division of Pain Management - Stanford Health Care in Palo Alto, California Please see this OVERVIEW to learn more about the session and presenter. Presenter sponsored by the Nurse Practitioner Healthcare Foundation (NPHF)	This session delivers a real-world educational experience through a series of cases and supporting content mapped to segments of the FDA Blueprint. Learners will be able to: <ul style="list-style-type: none"> Describe the pathophysiology of pain as it relates to the concepts of pain management. Accurately assess patients in pain. Develop a safe and effective pain treatment plan. Identify evidence-based non-opioid options for the treatment of pain. Identify the risks and benefits of opioid therapy. Manage ongoing opioid therapy. Recognize behaviors that may be associated with opioid use disorder. The curriculum was developed by the Collaborative for REMS Education (CO*RE) http://core-rems.org and is supported by an independent educational grant from the Opioid Analgesic REMS Program Companies (RPC). This course meets the criteria outlined by Substance Abuse and Mental Health Services Administration (SAMHSA) to count toward DEA required training. The Access and Training Expansion (MATE) Act requires new or renewing Drug Enforcement Agency (DEA) registrants, as of June 27, 2023, to have completed a total of at least eight hours of training on opioid or other substance use disorders. Session presented by Nurse Practitioner Healthcare Foundation, a member of the CO*RE. Participants will be required to complete a separate online post-test and evaluation offered through NPHF to receive a Certificate documenting the CE credit. N + E
8D	.25	AUB over the Lifespan: Evaluation and Management, including Endometrial Biopsy LIMITED TO 15 ATTENDEES	Ann Baggot, MS, WHNP-BC, APNP Nurse Practitioner, Dept of OB/GYN, UW Health	Learning objectives for this session include 1) Differentiate normal from abnormal uterine bleeding (AUB) across the lifespan; 2) Identify indications for endometrial biopsy; 3) Demonstrate endometrial biopsy technique; and 4) Interpret endometrial biopsy results and determine appropriate follow up via case studies. N + E
8E	.50	Do You See What I See: Assessment and Treatment of Wounds LIMITED TO 24 ATTENDEES	Denise Cole-Ouzounian, MSN, APNP, CCRN, CNML - APNP, Wound Care Center, Sauk Prairie Healthcare	Utilizing a partially interactive format, wound assessment, diagnosis, and treatment plans of care, including pharmacologic interventions and tissue allografting will be presented. The session will include multiple case studies, pictures, and time for practice. N + E
12:15 pm SATURDAY SKILLS DAY ends - Lunch on your own				