

## Evaluation Webinar – Introduction to Trauma Informed Care

Participants: 5 RNs, 1 CPPS

1. The webinar presenters demonstrated expertise in the content area.
  - a. 67% Agree
  - b. 33% Strongly Agree
2. The information presented was relevant to my learning need/practice situation.
  - a. 83% Agree
  - b. 17% Strongly Agree
3. The live Webinar approach kept me engaged in learning.
  - a. 83% Agree
  - b. 17% Strongly Agree
4. Please describe 3 ways to include trauma informed care into your practice.
  - a. During my admission interviews on an inpatient mental health unit. Explain and ask permission before I ask about abuse history. Prepare the room with comfort items already present. Make a point to introduce myself to visitors.
  - b. Treat the whole person, introduce yourself, explain what is happening, ask permission
  - c. As a trauma-trained emergency nurse, I prioritize using empowering language, obtaining informed consent, and creating a safe environment for patients, even in high-pressure situations. In my role as a charge nurse, I strive to lead by example—supporting my team through debriefings, promoting self-care, and ensuring the environment minimizes triggers. As a hospital supervisor, I advocate for trauma-informed policies, encourage psychological safety for staff, and work to identify systemic practices that could retraumatize patients. Across all roles, I am committed to fostering a culture of compassion, safety, and resilience.
  - d. Don't rush patient and slow down, explain in common language and be empathetic always to everyone. Generates trust and can break down any barriers
  - e. Eye contact, explain rationale behind questions, universal assumption of trauma
  - f. Patient centered care, Expectations and boundaries shared with patient, Listen

5. Do you have suggestions for improving the webinar experience? or for future WNA webinars?
  - a. have each of you do an entire topic.
  - b. I think the presentation could be even stronger with more interactive elements or specific applications for different roles.
  - c. More time.
  
6. Do you have feedback for the presenters?
  - a. Time well spent. I did notice when you both had an extended section, you would freestyle and I learned more.
  - b. I found both presenters delivered a clear and engaging introduction to Trauma-Informed Care, helping me better understand its core principles and relevance to our work. I appreciated the use of real-world examples and visual aids, which made the information more relatable and easier to absorb. Their confident delivery and thoughtful approach made the session both informative and impactful.
  - c. Reference based presentation