

CONFERENCE SCHEDULE

Registration for the 2026 and 40th Anniversary WNA APRN Pharmacology & Clinical Update is **NOW OPEN!**

All sessions and presenters are confirmed, but please check back for updates to the schedule, including:

- Session descriptions
- Determination of pharmacology credit
- Special events

Hope you can join us for this celebratory year!

THURSDAY AM – APRIL 16, 2026

7:30 – 8:30 am	Registration and Light Breakfast	
8:30 – 9:30 am	CH 1.0	PLENARY SESSION
	WNA Advocacy for APRNs: Activities, Accomplishments, and Future Endeavors	Gina Dennik-Champion, MSN, MSHA, RN Executive Director and Lobbyist Wisconsin Nurses Association Peter Welch, BA, MA WNA Lobbyist The Welch Group Tina Bettin, DNP, MSN, RN, FNP-BC, APNP, FAANP President, WNA NP Forum Family Nurse Practitioner/Associate Medical Director New London Call Group, ThedaCare
SESSION DESCRIPTION		
9:30 – 9:40 am	Break	
9:40 am – 12:00 pm	CH 2.25	PLENARY SESSION 2
	The Impacts and Innovations of Full Practice Authority (FPA): National and Regional Impacts and Examples of Independent Practice	Tina Bettin, Moderator Debbi Lindgren-Clendenen Margaret Thew Clarissa Lawrence Rachael Cabral-Guevara Tammy Weyenberg
SESSION DESCRIPTION		
12:00 – 12:30 pm	Break	

THURSDAY PM – APRIL 16, 2026

#	Rx	N/NG - E	Title	Presenter(s)
12:30 – 2:00 pm			CH 2.0	BREAKOUT SESSION SKILLS 1
S-1A	Rx – TBD	N/NG	An Introduction to Primary Wound Closure, Principles and Practice	Jeff Kobernusz, DNP, RN, APNP, ACNP-BC Orthopedic Nurse Practitioner UW Health
SESSION DESCRIPTION	<i>Session provides an overview of the principles of primary wound closure and practical experience performing simple wound closure using a pig skin model. Includes review of application of local anesthetic and digit blocks, common pitfalls in acute wound management and strategies to avoid them, demonstration, and practice of 5 wound closure and knot tying techniques.</i>			
S-1B	Rx – TBD	N/NG	Basic Chest and Abdominal Interpretation	Richard L. McLaughlin, DNP, ACNP-BC, FAANP Hospitalist SSM – Monroe Clinic Hospital
SESSION DESCRIPTION				
S-1C	Rx – TBD	N/NG E	Becoming a (Better) Preceptor	Anna Schmidt, PA-C Program Manager - APP Education and Professional Development UW Health
SESSION				

DESCRIPTION				
S-1D	Rx – TBD	N/NG E	Multi-Modal Treatment Approach for Physical Therapy	Brittany Pollentier, MPT, DPT, TPS Owner Integrated Physical Therapy
SESSION DESCRIPTION				
2:30 – 2:45 pm			Break	
2:45 pm – 4:45 pm			CH 2.0	BREAKOUT SESSION 2
#	Rx	N/NG - E	Title	Presenter(s)
S-2A	Rx – TBD	N/NG E	Common Dermatological Disorders and In-office Procedures	Sarah Kaldem, ANP, DCNP Dermatology Nurse Practitioner Advocate Aurora Health
SESSION DESCRIPTION <i>Will cover common dermatologic conditions seen in general dermatology practice, and associated in-office procedures, i.e. shave biopsies, punch biopsies, cryotherapy, cauterization, and treatment of warts, molluscum contagiosum, scabies, acne and actinic keratoses</i>				
S-2B	Rx – TBD	N/NG E	Practical Approaches to Perinatal Mental Health and Harm Reduction	Elizabeth Hovis, MD Assistant Professor of Psychiatry Medical College of Wisconsin
SESSION DESCRIPTION <i>This interactive, skills-based workshop equips attendees with practical strategies to support perinatal patients facing mental health challenges and substance use conditions. Learn a structured, four-step approach to assessing and managing mental health conditions during pregnancy and postpartum including a framework for approaching medication use in this population. Gain practical insight into harm reduction tactics. Apply harm reduction principles to substance use in perinatal populations, with emphasis on safety and maternal-infant well-being.</i>				
S-2C	Rx – TBD	N/NG E	Musculoskeletal Radiographic Review for the Primary and Urgent Care Provider	Jeff Kobernusz, DNP, RN, APNP, ACNP-BC Orthopedic Nurse Practitioner UW Health
SESSION DESCRIPTION				
S-2D	Rx – TBD		Breaking the Code: Maximizing your Financial Impact through Coding and Billing	Coders from Froedtert ThedaCare North
SESSION DESCRIPTION				
S-2E	Rx – TBD	N/NG	Basic EKG Interpretation	Richard L. McLaughlin, DNP, ACNP-BC, FAANP Hospitalist SSM – Monroe Clinic Hospital
4:45 pm			Close of Thursday Conference	

FRIDAY – APRIL 17, 2026

8:15 – 8:30 am		CH	Welcome & Program Overview	
8:30 – 9:45 am		CH 1.25	KEYNOTE	
Eileen O’Grady				
SESSION DESCRIPTION				
9:45 – 10:00 am			Break, Exhibitors, and APRN Posters	
10:00 am – 11:15 am			CH 1.25	BREAKOUT SESSION 1
#	Rx	N/NG - E	Title	Presenter(s)
1A	Rx – TBD	N/NG E	Updates in Asthma Care	Jeanne Conner, RN, MSN, APNP, AE-C Nurse Practitioner, Allergy & Immunology Medical College of Wisconsin
SESSION DESCRIPTION				
1B	Rx – TBD	N/NG	Primary and Secondary Amenorrhea: when to start the work up and when to consider medical management	Kelli-ann Corrao, MD Adolescent Medicine Fellow Medical College of Wisconsin
SESSION DESCRIPTION				
1C	Rx – TBD	N/NG	Medications for Opioid Use Disorder 101	Hillary Tamar, MD, FASAM Territory Medical Director Community Medical Services

SESSION DESCRIPTION			<i>Medications for opioid use disorder (MOUD) are supported by SAMHSA, NIDA, the WHO, the CDC, and several other organizations as evidenced-based. Despite being identified as the “gold standard” of care for opioid use disorder, MOUD continues to face stigma around its application and use. This bias, directed at MOUD and programs that utilize it, has slowed the spread and delivery of effective, evidence-based treatment options for opioid use disorder. In this presentation, we will explore medications for opioid use disorder, answering questions like “How do these medications work? Why are they necessary? How do they compare to abstinence-based treatment? What is the outcome data? How are these medications different from prescribed opioid pain relievers? What if a patient is pregnant?”</i> <i>By the end of this presentation, attendees will have a better understanding of the role MOUD plays in the treatment of their patients with opioid use disorder, including its efficacy in addressing the opioid epidemic, why abstinence is not a one-size-fits-all solution, and what medication options are available for patients in their care.</i>	
1D	Rx – TBD	N/NG E	Acute Management of Adult Sickle Cell Patients and Updates in Sickle Cell Disease Treatment	Eva K. Allen, RN, MSN, APNP Hematology Nurse Practitioner UWHC Hematology
SESSION DESCRIPTION				
1E	Rx – TBD	N/NG E	Emerging Illicit Substances: Gas Station and Corner Store/Smoke Shop Drugs	Jonathan Williams, DNP, PMHNP-BC, CARN-AP APP Supervisor AODA/Psychiatry, and APP Psychiatric Provider UW Health
SESSION DESCRIPTION				
11:15 am – 12:45 pm			Lunch Break, Exhibitors, and APRN Poster Display	
12:45 – 2:00 pm			CH 1.25	BREAKOUT SESSION 2
#	Rx	N/NG - E	Title	Presenter(s)
2A	Rx – TBD	N/NG E	What Would a World Without Vaccines Look Like?	Amanda Kotowski, RN, DNP, CPCNP-PC/AC, CLC Nurse Practitioner – Primary Care Children’s Wisconsin
SESSION DESCRIPTION			<i>Many parents and providers have not experienced the diseases the AAP Vaccine schedule is designed to protect against. This session will provide a review of those diseases and their associated morbidity/mortality rates prior to implementation of immunizations.</i>	
2B	Rx – TBD	N/NG E	Floored: What you might not know about the pelvic floor and how it affects everyday life	Angela Sergeant, RN, ANP-BC Nurse Practitioner UW Health
SESSION DESCRIPTION			<i>Review of commonly encountered female pelvic floor conditions including urinary incontinence, pelvic organ prolapse, and accidental bowel leakage. Pharmacologic content will include medications to treat overactive bladder, the role of vaginal estrogen, and medications to treat accident bowel leakage.</i>	
2C	Rx – TBD	N/NG E	Bad Blood-Vitamin Deficiency Edition	Melissa Smits, APNP Nurse Practitioner ThedaCare
SESSION DESCRIPTION				
2D	Rx – TBD	N/NG E	Seizure Disorders - Medications & More	Troy Lawrence, DNP, APNP Manager, Advanced Practice; Nurse Practitioner, Adult Neurology – Epilepsy UW Health
SESSION DESCRIPTION				
2E	Rx – TBD	N/NG E	The Benzodiazepine Dilemma: Relief vs. Risk	Jonathan Williams, DNP, PMHNP-BC, CARN-AP APP Supervisor AODA/Psychiatry, and APP Psychiatric Provider UW Health
SESSION DESCRIPTION				
2:00 – 2:15 pm			Break and APRN Poster Display	
2:15 – 3:30 pm			CH 1.25	BREAKOUT SESSION 3
#	Rx	N/NG - E	Title	Presenter(s)
3A	Rx – TBD	N/NG E	Evaluation of Puberty	Pallavi Iyer, MD Professor, Division Chief Pediatric Endocrinology and Diabetes Medical College of Wisconsin
SESSION DESCRIPTION				
3B	Rx – TBD	N/NG E	Caring for the Pregnant Patient with Substance Use Disorder	Jacquelyn Adams, MD, MSCI

				Assistant Professor Maternal Fetal Medicine University of Wisconsin School of Medicine and Public Health
SESSION DESCRIPTION				
3C	Rx – TBD	E	IBS Diagnosis and Management	Marc Kennedy, MD Staff Physician Aurora Healthcare
SESSION DESCRIPTION				
3D	Rx – TBD	N/NG E	The squeeze no one sees: Thoracic Outlet Syndrome	Dawna McMillan, DNP, AGACNP Vascular Surgery Nurse Practitioner The University of Wisconsin – Department of Surgery
SESSION DESCRIPTION				
3E	Rx – TBD	N/NG E	Complex Conundrums: The cases that keep you thinking and how to work through them	Jennifer Fiegel-Newlon, DNP, PMHNP-BC, FNP-BC, APNP Clinical Associate Professor University of Wisconsin-Madison School of Nursing Psych-Mental Health Nurse Practitioner Reedsburg Area Medical Center
SESSION DESCRIPTION				
3:30 – 3:45 pm			Break and APRN Poster Display	
3:45 – 5:00 pm			CH 1.25	BREAKOUT SESSION 4
#	Rx	N/NG - E	Title	Presenter(s)
4A	Rx – TBD	N/NG E	Uses of GLP1 for variety of conditions and side effects in pediatrics and adults	Denise M. Kilway, DNP, RN, APNP Assistant Professor- Pediatrics, Gastroenterology/Pediatric NP Medical College of Wisconsin Katrina Baxter, MSN, NP-C Nurse Practitioner Medical College of Wisconsin
SESSION DESCRIPTION				
4B	Rx – TBD	N/NG E	Empowering Women's Health: Essential Approaches to Cardiovascular Disease Prevention	Allexa Licon, MD Clinical Assistant Professor University of Wisconsin Hospitals and Clinics
SESSION DESCRIPTION				
4C	Rx – TBD	N/NG E	Oh, by the way, I may be pregnant: 1st trimester pregnancy issues that present to primary/urgent care	Angela Divjak, MD Family Medicine Physician ThedaCare Physicians
SESSION DESCRIPTION				
4D	Rx – TBD	E	Cirrhosis inpatient management with acute liver failure	Marc Kennedy, MD Staff Physician Aurora Healthcare
SESSION DESCRIPTION				
4E	Rx – TBD	E	Avoidant/Restrictive Food Intake Disorder: Beyond “Picky Eating”	Margaret Thew, DNP, FNP-C Systems Clinical Executive Director Eating Disorders Program Rogers Behavior Health
SESSION DESCRIPTION				
5:00 pm			Close of Friday Conference	

SATURDAY – APRIL 18, 2026

7:15 – 8:00 am			<i>Registration and Breakfast</i>	
8:00 – 9:15 am			CH 1.25	BREAKOUT SESSION 5
#	Rx	N/NG - E	Title	Presenter(s)

5A	Rx – TBD	N/NG E	POTS, postural orthostatic tachycardia syndrome	Erin Marriott, RN, MSN, CPNP Pediatric Cardiology Nurse Practitioner UW Hospital
SESSION DESCRIPTION			<i>POTS in pediatric and adolescents</i> <i>We will review the diagnosis of POTS and pharmacologic and non-pharmacologic treatments.</i>	
5B	Rx – TBD	E	Transitions in Diabetes Care - Pregnancy and Beyond	April Eddy, RN, CNS, CDCES (APNP) Nurse Practitioner (Diabetes in Pregnancy) Unity Point Health Meriter (Center for Perinatal Care)
SESSION DESCRIPTION			<i>This presentation will highlight key strategies to support people with diabetes who desire pregnancy and help those transition following pregnancy. This presentation will discuss changes in glucose goals/A1c and insulin needs during pregnancy through postpartum (and slightly beyond). We will discuss detailed information on what pharmacotherapeutics will need adjusting for diabetes management during the pre-pregnancy, pregnancy and postpartum periods. This will include the utilization of pharmacotherapeutics linked to technology (pumps, continuous glucose monitors, connect pens, etc.) as well. The presentation will emphasize other strategies including other patient education (nutrition and activity) and support.</i>	
5C	Rx – TBD	N/NG E	Antimicrobial Stewardship and Penicillin Allergy De-Labeling	Christopher Mjaanes, MD Allergist/Immunologist ENT Specialists of Wisconsin
SESSION DESCRIPTION				
5D	Rx – TBD	N/NG E	Critical Illness Polyneuropathy	Becki Kuik-Connor, RN, MSN, AGPCNP-BC, APNP Nurse Practitioner UW Health
SESSION DESCRIPTION				
5E	Rx – TBD	N/NG E	Diagnosis and Treatment of Adult ADHD: Because “Try Harder” Isn’t a Treatment Plan	Amanda Reda-Goglio Psychiatric Mental Health Nurse Practitioner/Assistant Medical Director Collaborative Solutions in Psychiatry
SESSION DESCRIPTION				
9:15 – 9:30 am			Break	
9:30 – 10:45 am			CH 1.25 BREAKOUT SESSION 6	
#	Rx	N/NG - E	Title	Presenter(s)
6A	Rx – TBD	E	Treatment of Oppositional Defiant Disorder and Behavioral Problems	Jason Ipsarides, DNP, PMHNP-BC Assistant Professor Medical College of Wisconsin
SESSION DESCRIPTION			<i>Background/prevalence of ODD and behavioral disorders; Pathophysiology and psychosocial factors contributing to ODD and behavioral disorders; non-pharmacological treatment recommendations/resources; Pharmacological treatment recommendations/resources; Case studies/discussion, and Q&A</i>	
6B	Rx – TBD	N/NG E	Caring for the menopausal woman	Sarah Block, DNP, APNP, MSCP Nurse Practitioner SSM Health
SESSION DESCRIPTION				
6C	Rx – TBD	E	Polymyalgia Rheumatica and Giant Cell Arteritis	Ashley Rodrian, BSN, MSN, FNP-BC Rheumatology Nurse Practitioner ThedaCare
SESSION DESCRIPTION			<i>My presentation will discuss PMR and GCA. This will include epidemiology, presenting symptoms, work-up, diagnosis and treatment options.</i>	
6D	Rx – TBD	N/NG E	Getting Along with your Patient's QTc: QT Prolongation and Medications	Landon Neese, PharmD, AACC, BCCP, BCPS, CACP Lead Pharmacist - Cardiology & Anticoagulation UnityPoint Health – Meriter Hospital
SESSION DESCRIPTION			<i>QT prolongation risk is a complex topic with no clear treatment but potentially life-threatening consequences. This first portion of this lecture will cover basic cardiac electrophysiology, appropriate EKG measurement techniques, and the limitations of QTc calculations with potential strategies for overcoming these using primary literature. The majority of this lecture will focus on evidence-based application of knowledge covering appropriate risk stratification, assessment of medication risk using resources and pharmacokinetic/pharmacodynamic factors, and patient management practice cases.</i>	
10:45 – 11:00 am			Break	
11:00 – 12:15 pm			CH 1.25 BREAKOUT SESSION 7	
#	Rx	N/NG - E	Title	Presenter(s)

7A	Rx – TBD	N/NG E	Multidisciplinary Pediatric Headache Management	Madalyn Pelky, MSN, RN, PMGT-BC, CPNP-AC, AP-PMN Nurse Practitioner Medical College of Wisconsin/Children’s Wisconsin
SESSION DESCRIPTION				
7B	Rx – TBD	N/NG E	Female Reproductive Mental Health: Screening, Diagnosis and Treatment Across the Lifespan	Anne L. Thatcher, DNP, MSW, APRN, PMHNP-BC, LMSW Psychiatric Mental Health Nurse Practitioner The Juniper Center
SESSION DESCRIPTION				
7C	Rx – TBD	N/NG E	Hypertension and Resistant Hypertension	Rebecca Blonsky, MD, FASN Nephrologist Marshfield Clinic Sanford
SESSION DESCRIPTION				
7D	Rx – TBD	N/NG E	Rapid Fire: Atypical Pneumonias and Antibiotic Allergies	Benjamin Tellier, MPAS, PA-C Infectious Disease Physician Assistant UW Health
SESSION DESCRIPTION				
7E	Rx – TBD	N/NG E	Drug induced movement disorders in psychiatry: Identification & treatment options for the clinician	Aeron Adams, DNP, PMHNP-BC, APNP Assistant Professor Medical College of Wisconsin
SESSION DESCRIPTION			<i>Drug induced movement disorders are common side effects of psychotropic medications used in the treatment of mental health disorders. This presentation will explore the identification and treatment of acute dystonic reactions, akathisia, drug induced parkinsonism, and tardive dyskinesia. While these movement disorders have traditionally been placed under the umbrella of “Extra Pyramidal Side Effects”, we will cover how they differ from one another and how proper identification drives appropriate treatment decisions including which pharmacological agents are indicated.</i>	
12:15 pm			Close of Conference	